



Issue 20 2017

24 February 2017



thank you Tracey ...

North Cronulla Nippers would like to thank **Tracey Schriek** for her coaching of the nipper board and swim section over the years. This year Tracey also took on the role of Head Coach of the NC Chargers (Senior Section: Swim, Board, Ski and Beach) plus was also selected Head Coach for the Sydney Branch Inter-branch team. She has been a mentor to many of our nippers, and her dedication to these members is greatly appreciated.

We wish Tracey every continued success in this role, especially coming into the Open NSW State and Australian Titles in March.



25

25 FEBRUARY
TWILIGHT NIPPERS
 2:30pm start
BBQ U10 BOYS

25

25 FEBRUARY
UNDER 6 & 7
Presentation Day

3-5

3-5 MARCH
SLSNSW
Junior State Titles
Swansea Belmont

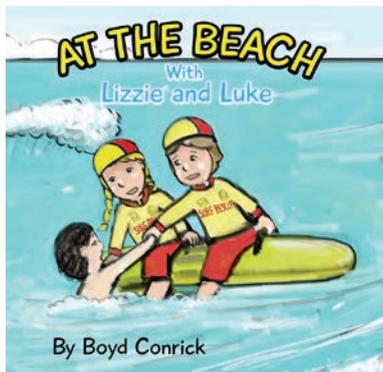
19

19 MARCH
NORMAL NIPPERS
BBQ U13 Boys & Girls
U14 Farewell
2017/18 Captain Elections



new kids book beach safety

"At the Beach with Lizzie and Luke"
Endorsed by Surf Life Saving Australia.
The story is aimed at 3-7 year olds & is based on two young lifesavers - it's an entertaining story but at the same time reinforce important safety information.



Written by Boyd Conrick, a volunteer lifesaver with 25 years experience who was saddened at the high occurrence of recent drownings in Australian waterways. Each book contains general safety info as well as reinforcing values that are important for child development such as working as a team, communicating efficiently, contributing positively to the community and also promoting the benefits of a safe but active lifestyle. Proceeds from each book going to Surf Life Saving Australia (SLSA). For more info or to buy a copy go to: www.lizzieandluke.com

club photos

Age group photo will be available for collection this Saturday at Twilight Nippers from your Age Manager

for sale nipper boards



Kids have outgrown them Perfect for a racing or training board

\$50 for the red and \$100 for the yellow also available 1 x new board cover \$50
Contact Col for more info 0422 843 415

get your bronze

Course will run from
7-8:30pm on Tuesday's and Thursday's for theory and either Sat or Sun morning 7am for water activities for 4 - 5 weeks

what do you need?

- Be a member of the Club.
- Borrow or buy the training manual Public Safety and Aquatic Rescue 34th Edition available from the office
- Pink training rashie
- Complete a proficiency swim

U9 and U10 development day

Maroubra Sunday 26th March
8am - 12noon DVD ON BOARD | SWIM | FLAGS | SPRINTS

Information, skills sets and tips from SLSA Development Coach and Australian NSW accredited Swimming Coach RAIN HAIL OR SHINE If wave condition are no good theory session will continue 8am - 10am. **Open to all levels U9 and U10 boys & girls** Basic skills and techniques - will not be paddling or swimming great distances. For further information please contact George Benhayon on 0412 130 189



@ North Cronulla Beach
Friday 24th February – Sunday 26th February 2017



Many thanks to
**Clare Fleming, Karla McGrath
Jodie Waugh** and their many
helpers for organised our
awesome State Uniforms

Special thanks to our sponsors too

Paragon Plumbing
Smile Design Orthodontist
Samios Plumbing Supplies
The Luggagehouse
Rip Curl





smile ...

THANKS NC CHARGERS FOR HELPING OUT LAST WEEK

