

nipper natter

Issue 4 2016

13 October 2016



and we're off ...

What a day the first day of the 52nd year of Nippers at North Cronulla SLSC was!

The sun was shining and the kids were smiling. Nippers is about having fun and learning to look after yourselves and others in and around the surf, learning new skills to be safe in the skills. Additional training sessions that have already started, please see page 4 for times. **This week is a normal nipper day so see you on the grass in front of the Club House with your caps and sunscreen on ready to go!**

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PLUMBING
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specialist orthodontists
Dr Michael Dineen - Dr Chrys Antoniou

**Bakers Delight**
We're for real.
Cronulla

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INVESTMENTS | RETIREMENT | INSURANCE

**STAPLETON'S**
EST. 1896
QUALITY MEATS
SUTHERLAND 9521 2285

16

16 OCTOBER
Nipper Day 2
Normal Nippers
8:45am start

BBQ

16 OCTOBER
under 12 boys

23

23 OCTOBER
NIPPERS @ KURNELL
9am start on
SILVER BEACH

3

3 NOVEMBER
Branch Age
Managers Course
7pm North Cronulla

handicap races

This season we are reintroducing handicap races after each nippers. Each week we will run both a board and a swim handicap race. **These races are for nippers who want more racing experience and to further develop their surf skills.**

To participate in the **swim handicap** a nipper must be doing (a minimum) 2 x squad sessions per week. Each squad session must be for a minimum 1 hour. Swimmers in this race must be confident in the water and strong swimmers.

To participate in the **board handicap** race a nipper must be doing at least 2 board training sessions per week. Nippers entering this race must be competent board paddlers and capable of negotiating different surf conditions.

The races will be run under competition rules, they will be competitive and fun. You can join in the handicap races at any time during the season. The results of the handicap races will be published in the Nipper Natter each week and posted on the notice board in the pool area. The results will be used to assist with team selection. If you want to be considered for a state team you should join in when you can.

Nippers are expected to marshal with their goggles and board at 10.30 - 10.45am depending on completion of nippers. The marshalling point will be announced each Sunday morning at the briefing. So listen for details.

If you have any questions please contact Stewart Woodger on 0478 691 246

Number	Name	9.10.16		16.10.16	
		Time	Place	Time	Number
141	Sophie Crawford	3.07	1	5.24	22
134	Ryan Mcgrath	3.44	2	4.47	21
124	Corey Starr	4.17	5	4.14	19
115	Toby Byron	4.49	8	3.42	16
111	Lang Thompson	5.01	11	3.30	12
133	Tahlia Roja	4.07	4	4.42	20
114	Harrison Marx Evans	5.00	10	3.31	13
113	Anna Wilkinson	5.09	12	3.22	11
121	Zach Byron	4.46	7	3.45	17
146	Tulley Lane	3.52	3	4.39	15
122	Ben Ullock	4.55	9	3.36	14
131	Zoe Fawer	4.28	6	4.03	18
104	Allie Nancini	5.56	17	2.35	6
112	Lahni Woodger	5.31	14	3.06	9
132	Michelle Fawer	5.38	16	3.07	10
101	Felicity Tearir	6.21	18	2.10	5
125	Nathan Boggis	5.3	13	3.01	7
123	Zach Pauling	5.36	15	3.05	8
102	Leilah Vradbury	7.02	19	1.29	4
106	Sophia Papadatos	7.15	20	1.16	3
105	Jessica Hapgood	8.09	21	0.22	2
103	Jane Lanham	8.31	22	0	1

handicap winners swim

Line Honours: Sophie Crawford

Handicap Winner: Sophie Crawford

nipper day one



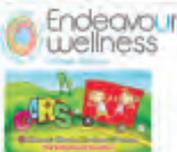
RUNNING
29TH OCT
TIL 10 DEC!

BATE BAY SURF CLUBS

BLOOD DRIVE 2016

ROLL
UP
YOUR
SLEEVES!

CALL 131495 FOR DONATION BOOKINGS
GO TO LINK BELOW TO REGISTER INTO YOUR CLUBS GROUP
<http://www.donateblood.com.au/who-can-give/red25/join-group>



It's that time again for the 2016 Bate Bay Surf Clubs Blood Drive - this Year's Dates are 29th October to the 10th December (6 weeks) 2016.

Again we will be supporting The Sutherland Hospital Children's Ward.

Thanks to all our sponsors that have been on board for many years & welcome new this year Endeavour Wellness. Matt Grant (Paragon Plumbing) and Annie (Red Cross) will be sending updates weekly as to how each Club is progressing.

**REMEMBER 1 BLOOD DONATION CAN SAVE 3 LIVES -
ROLL YOUR SLEEVES!**

A big thank you to Worldwide Printing Solutions who have printed the Posters & Flyers from the start of the Blood Drive.
Call them on 9524 2922 for all your printing needs.



WE'D LOVE TO HEAR FROM YOU

FEEL FREE TO SEND ANYTHING FOR
POSSIBLE INCLUSION TO ME AT
bridget.fazio@enware.com.au



Founded 1926

sydney
water
series



ENTRIES OPEN

Cost will be \$65 for
the 4 rounds

Round 1

Saturday 29 October
Warilla

Round 2

Saturday 12
November

Fairy Meadow

Round 3

Saturday 26
November

Woonona

Round 4

Saturday 3
December

Shellharbour

Register your Entry
to Laura Wells North
Cronulla Nippers
Carnival Coordinator
[ncncarnivals@
outlook.com](mailto:ncncarnivals@outlook.com)

nipper TRAINING



beach training



board training

BEACH TRAINING

SATURDAYS 7.30 am
Sandhills Training
Meet at Greenhills
Carpark

TUESDAYS 5:00 pm
Tonkin Oval

FRIDAY 5:00 pm
North Cronulla Beach

BOARD TRAINING IN THE BAY with Geoff Budd

WEDNESDAYS 4.30 pm
Gunnamatta Bay
Boards to be collected at club by 4.20pm

ADVANCE BOARD TRAINING with Tracey Schriek

TUESDAY & 6:15-7:15am
THURSDAY North Cronulla
First Day 4 October 2016

nipper parent BRONZE GROUP



This course is for NIPPER PARENTS designed to give you the **training, education & confidence** you will need to help, encourage & support Nippers achieve a high standard of Water Safety Members, thus giving children confidence in the Water.

Theory *	TUESDAY	11 October	7pm – 8.30pm	North Cronulla Clubhouse
Theory	THURSDAY	13 October	7pm – 8.30pm	North Cronulla Clubhouse
Practical	SUNDAY	16 October	7am – 8.30am	North Cronulla Beach
Theory	TUESDAY	18 October	7pm – 8.30pm	North Cronulla Clubhouse
Theory	THURSDAY	20 October	7pm – 8.30pm	North Cronulla Clubhouse
Practical	SUNDAY	23 October	7am – 8.30am	North Cronulla Beach
Theory	TUESDAY	25 October	7pm – 8.30pm	North Cronulla Clubhouse
Practical	SUNDAY	30 October	7am – 8.30am	North Cronulla Beach
ASSESSMENT	Time & place to be confirmed during the course			

*The first theory night will include the timed 400m pool swim (9 minutes), the Pool Swim can be re-attempted prior to each class. Some Theory classes will be water based in the pool, so bring costumes, goggles & towels.

how to sign up ...

Email your name, phone number, email address and, age group of children in the club to gbudd@tpg.com.au

You must be a paid financial member of north cronulla slsc (nipper parent full) & have a copy of the training manual (34th edition) - available from the office (see hours on page 3).

**ANY QUESTIONS CONTACT
GEOFF BUDD 0418 230 465
GBUDD@TPG.COM.AU**



mastwealth

INVESTMENTS | RETIREMENT | INSURANCE

Mast Wealth are proud sponsors of NC Nippers in 2016 and will donate \$200 back to the Club for every new client.

The value of having a financial adviser ...

Having an appropriate financial plan in place covers more than just super, investments and insurance. The same goes for a financial adviser – there are some you will just click with. Here we provide some ideas on finding one that you feel comfortable with, who can help you improve your financial future.



KEEP ON TRACK...

Over the long term, investment markets will always fluctuate.

This can be difficult for some people, as they worry about whether they will have enough money for travel, renovating the family home or retirement.

A concern may be whether they need to make adjustments to their lifestyle.

Having an experienced financial adviser to help you structure your super and investment portfolio, based on your individual age and risk tolerance, will help you ride out any ups and downs.

Working with a financial adviser you feel comfortable with and regularly checking in with them means they can make ongoing recommendations and changes to your plan.

Of course, if you do get worried about something, having an adviser to remind you about your long term financial goals will help you see that short-term volatility is just part of your long term financial journey.

STAY PROTECTED...

While you may already have some form of insurance in place, either through your employer or super fund, do you really know how much you have and what it covers?

Is it sufficient?

What would be the financial impact if you were unable to work for extended period due to illness or injury?

Reviewing insurance is one of those things that many people simply don't have time for, and so the risks get larger and larger, the longer they leave it.

An experienced financial adviser will not only be able to explain exactly what you are covered for, they will also be able to identify any gaps and recommend any changes, so you and your family's future is protected and you can rest easy.

REALISE YOUR POTENTIAL...

Managing your finances is about more than just super, investments and insurance.

To help you reach your full financial potential, an experienced financial adviser can discuss a wide range of financial topics – even if it is just for your own interest!

While there's no doubt that super, investments and insurance are important when building your wealth, so too is managing your cashflow, budgeting, tax planning, transitioning to retirement, aged care and estate planning.

Getting some advice on your whole financial situation can go a long way to helping you make the most of what you have, whatever your age or income.

YOU ARE IN SAFE HANDS...

Taking the time to find an experienced financial adviser who makes you feel comfortable, one that you can work with over the long term, can provide you with peace of mind when it comes to your financial future.

Research shows that people who received financial advice were up to \$100,000 better off at retirement (depending on their age), so it makes good financial sense to invest in a good adviser.

Feel free to contact Carl Tennant from Mast Wealth to arrange your cost & obligation free first meeting.

Carl can be contacted at 02-8522-4500 or via carl@mastwealth.com.au or www.mastwealth.com.au