



TOP NOTES:

- State paper work - needs to be returned by 15th December.
- Proficiencies
- Pick up your free Sunday Telegraph
- Friday 13 - GOLF DAY

POINTSCORE THIS SUNDAY

CONTACT ME

Great fun at Twilight nippers last week - and good to see a few families staying behind for a drink and for the kids to have a play in the pool - that is what Nippers is all about Community and having fun.. Lots coming up with point score, Guzman and Gomez weekend, and the Pool to Pool - Keep the photos coming!

Thanks Helen (helen@kettlewell.org)

POOL TO POOL

Pool to Pool Sunday 22nd December at 11am

Cost is \$5 for Adults and \$2 for Nippers

This is a fun event where participants swim all the pools along the Esplanade around to Gunnamatta, where emphasis is on fun and Club camaraderie, not racing. Those nippers wishing to also swim the Gunnamatta Pool will be required to have parental supervision due to the number of roads to be crossed. If parents are unable to supervise, the children will only do the pools along the coastal pathway.

There will be a BBQ and refreshments available to be purchased at the end.

GUZMAN AND GOMEZ WEEKEND -14/15 DEC

Its nearly here!!

Don't forget - Guzman & Gomez - NEXT WEEKEND



POOL PROFICIENCIES:

For those Nipper who have still not completed their Pool Proficiencies Please be at the pool between 7 - 7.45 am Sunday. It is compulsory for all nippers who wish to compete to complete the necessary proficiencies - even if you are only a 'beachie' (you are able to compete in North Cronulla internal competitions)

THANK YOU MICHAEL BOFINGER

Many thanks to Michael Boffinger for donating and installing the sound system for the nipper room.

POINT SCORE THIS WEEK - 8 DECEMBER:

Point Score next week 8am sharp!

SURF TRAINING - for nippers this Saturday morning.

DEVELOPMENT CAMP REPORT U/13

by: Craig Hawkings- minder u/13 development camp

On the last weekend of November 11 North Cronulla nippers (6 girls and 5 boys) took part in the annual Sydney Surf Lifesaving Development Camp at Deer Park in the National Park.

The camp is run from Friday night to Sunday afternoon and the kids take part in many life saving and non life saving activities- all geared around challenging the kids and taking them out of their comfort zone.

On the Friday night the kids along with every other surf club in the Sydney Branch (110 kids in total) are split into groups for the weekend activities.

Saturday morning started early with a 7.00 swim activities all based around getting the kids to communicate to each other(even if it was to bark like a dog!!!!)

After breakfast the kids moved into their groups to take part in some great activities Some of the activities include Dragon Boat racing, abseiling, canoeing, archery and rock climbing. Each junior lifesaver did 3 of these in the space of 5 hours. The afternoon session was all about leadership and what it means to the kids. One member of the team then had to present to the group of over 100 on what their surf club thinks leadership means to them. Kate Hawkings presented on behalf of North and did an outstanding role.

Sunday was all about saving lives. Theory sessions on CPR, rescue tubes and then each member was dropped in the river and rescued by the IRB. That afternoon each club had to put there skills into action with the rescue challenge. North had 3 teams of 4 members- all competing against all other clubs. It was pleasing that one of our teams came 4th overall out of 22 teams. Well done to patrol captain Emily Maythers and her team of Jess Walker, Brooke Perfrement and Kate Hawkings.

The camp provided an opportunity for the junior lifesavers to learn new skills, add to existing skills , meet lifesavers from other clubs and more importantly become better lifesavers.

Sincere thanks to Cath Walker and Tracey Shriek for assisting with the minder duties and I am sure they will take many aspects of the camp back to the nippers of North Cronulla.

But the greatest thanks must go to the executive of North Cronulla nippers for continuing to send young lifesavers to camp. Thanks also to Sydney Surf Lifesaving and especially Doug Hawkins- Sydney Branch Director of Junior Activities.

The 2013 participants were:

boys- Jesse McKinnon, Bailey Summerhayes, Sam Shriek, Oscar Briggs and Jett Garland

Girls- Jayla Lynch, Emily Maythers, Brooke Perfrement, Kate Hawkings, Jess walker and Kirra Whitford.



CLUB OFFICE HOURS

Monday / Tuesday Closed

Wednesday: 10am - 5pm

Thursday: 10am - 2pm

Friday: 10am - 2pm

Saturday 9am - 11am

Sunday 8.30am - 11am (nipper days only)

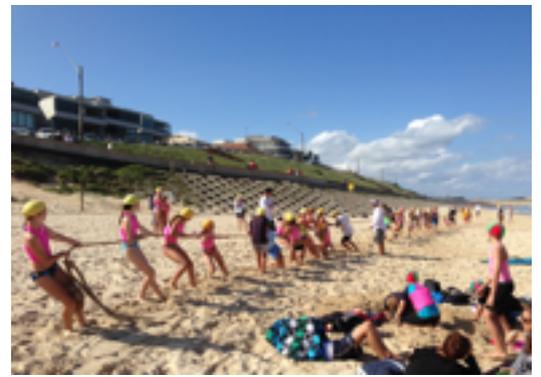
Contact : (02) 9523 5846



DID YOU KNOW....

Women were initially deemed not strong enough to operate SLS equipment or negotiate the surf, and the sport was seen as non-ladylike. It was not until 1980 that Surf Life Saving finally allowed women full membership, Today women make up more than 41% of total membership Australia wide.

PHOTOS



PLUMBING APPRENTICE

Paragon Plumbing is looking for honest, respectful, self-motivated individuals interested in doing a Plumbing Apprenticeship starting 2014

Please email resumes to:
info@paragonplumbing.com.au
Attention: Brook

Please include last two years
School Reports and Results
Thank you – Brook Fleming, Director
Telephone: (02) 9525 9955
Facsimile: (02) 9525 9903
Mobile: 0408 750 742

Email: brook@paragonplumbing.com.au
Website: www.paragonplumbing.com.au

WHATS ON AT A GLANCE

COMPETITIONS

SOUTH MARBOURA
This Saturday..

GUZMAN & GOMEZ



TRAINING SCHEDULES

BEACH TRAINING:

Monday 5.00 pm at Caringbah Oval
Wednesday 5.00 pm at North Cronulla beach
Thursday 5.00 pm at Jenola Oval
Saturday 10am North Cronulla beach
Contact the Beach Coach , Damien Bulian , for full details : 0414 535519
ashbulian@gmail.com

SURF SWIMMING:

Saturdays 9am
Thursday's at 6am for SRC kids and older only.
Friday's at 6am for kids in the U9's to the U13's.
Must be proficient.

BRONZE COURSE:

Register with the office :
admin@northcronullasurfclub.com
02 9523 5846

Please remember that any parents that gained their bronze in 2012/13 year must complete proficiencies this year also.

11 am Start:
Prof:008 - Sunday 8 December 13
Prof 009 - Sunday 15 December 13
Prof 010 - Sunday 22 December 13

BOARD TRAINING

schriekey@bigpond.com or by phone 0411 873 673 Board training this season will be held on the following days:

MONDAY 4pm - 5pm
NORTH CRONULLA Tracey Schriek

TUESDAY 6.15am - 7.30am
NORTH CRONULLA Tracey Schriek

TUESDAY 4.30pm - 5.30pm
GUNNAMATTA BAY Geoff Budd

WEDNESDAY 4pm - 5pm
NORTH CRONULLA Tracey Schriek

THURSDAY 4.30 - 5.30pm
GUNNAMATTA BAY Geoff Budd

UPCOMING EVENTS

SCRUTINEERING:

It is only NEW BOARDS that need to be scrutineered.
Schedule for Scrutineering for the remainder of 2013.
8am and 10am only:
• South Maroubra Junior Carnival - Saturday 7 December
• North Cronulla Open Carnival - Saturday 21/12

ANNUAL CHRISTMAS LIFESAVERS CUP GOLF DAY CRONULLA GOLF CLUB

DATE: Friday 13th December 2013
TIME: 7.30am for registration and breakfast—8.15am shot gun start

COST: \$125 Individual players
Game, lunch, refreshments and post match presentation

\$750 Gold sponsorship

*Company logo strategically placed near clubhouse
4 shirts and VIP passes to play
Lunch, refreshments and post match presentation*

Groups wishing to start from the 1st Tee can bid for this hole.

Contact office for details.

BOOKINGS ESSENTIAL

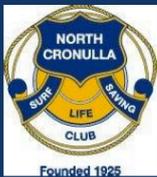
Payment must be made to the club office to secure you spot.

Payment methods:

- In person during office hours
- Over the phone 9523 5846 credit card
- Direct deposit. BSB 112-879 Account 154605846. Reference "your name NC Golf"



NORTH CRONULLA
GOLF DAY



BBQ DUTY and BEACH SETUP

IS IT YOU? Please help out your squad when it is your turn at BBQ duty and beach setup You only need to give up an hour or so of your time to help, so that all parents can have a chance to see their kids on the beach and have that much need Sunday sarnie. Don't leave the squad leaders searching for helpers, just roll up your sleeves and give a hand. Thanks

Duties this week

Sunday 8 December - Under 8 Boys
15th December 2013 - Under 14 Boys

BATE BAY BLOOD DRIVE: \$1250 could be ours!!

We are just past the half way point of the Blood Donation Drive, we need to get a few more people to register and donate Blood if we are to win this challenge. Elouera have stepped up this week, don't let them beat us by 1. So far this is how it stands at the half way mark. There is \$1250 up for grabs for the winning club.

North Cronulla 4
Cronulla 0
Elouera 5
Wanda 1



HANDY SITES TO VISIT:

<http://surflifesaving.com.au>
www.northcronullask.com.au
<http://www.coastalwatch.com>