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SEASON 2022/2023

Dear Nipper Families,

Welcome to Season 2022 / 2023!

As foreshadowed, this season will be a little different while our new Clubhouse is under construction, but looking back at the past few seasons, we've all had quite a bit of 'different' to contend with. Seasons 2019/2020, 2020/2021 and season 2021/2022 saw us endure COVID and its many disruptions, followed by La Nina and all its complications, and more recently the significant and damaging erosion of our beaches prompted by huge seas.

One thing that has remained constant however, is that our kids have been able to enjoy Nippers, oblivious to the myriad of issues that have stretched us all well beyond our comfort zones in the planning and execution of our Sunday sessions.

This year we are committed to delivering another fun Nipper season for everyone. We will be spending time at a few different locations, finding new ways to do things and widening our arc to introduce new educational and training opportunities. In saying that, this season will essentially be the same as you have come to expect - we will support and encourage your kids to learn, explore their boundaries and gain confidence on the beach and in the ocean.

I look forward to seeing you this season as we move towards a new era at North Cronulla.

Colin Bulloch
Director, Junior Activities Group (Nippers)
North Cronulla Surf Club

SEASON INFORMATION – 2022/2023

SEASON START DATE

U8-U13s – Sunday 16th October (Timings TBA)

Please be advised that due to sand erosion and works undertaken by Sutherland Shire Council we cannot confirm our location to begin the year – you will be advised as we get closer to the start of the season. WE ARE ON!!!

U14s – Sunday 16th October (Timings TBA).

Please be advised that due to sand erosion and works undertaken by Sutherland Shire Council we cannot confirm our location to begin the year – you will be advised as we get closer to the start of the season. WE ARE ON!!!

U6-U7s – Sunday 13th November 2022 (Timings TBA)

Please be advised that due to sand erosion and works undertaken by Sutherland Shire Council we cannot confirm our location to begin the year – you will be advised as we get closer to the start of the season. WE ARE ON!!!

REGISTRATION

ALL registrations (new and returning) are to be completed online. If you are experiencing difficulties with this process, please contact Alison at ncnippersecretary@outlook.com or see us down at the proficiency sessions as below for assistance:

PROFICIENCY SESSIONS

Saturday 24 September 2022 – Midday until 2pm @ Cronulla Surf Club. More details to follow on TeamApp and our social media mechanisms

Sunday 9 October 2022 – Midday until 2pm @ Cronulla Surf Club. More details to follow on TeamApp and our social media mechanisms

It is North Cronulla Surf Lifesaving Club policy that ALL Nipper members (members under the age of 14 years) MUST have at least one parent/guardian registered as a General, Associate or Active Member of North Cronulla SLSC.

NIPPER MEMBERSHIP FEES

Individual Breakdown of Nipper Fees for 2021/2022

First Child	\$100.00
Second Child	\$100.00
Third Child	\$100.00
Fourth Child +	Free
Nipper Parent General Membership*	\$ 50.00
Parent Associate Membership**	\$105.00

** Nipper General Parent Membership for Standard Nipper Attendance ONLY*

*** Associate Membership 50% discount off the \$210.00 fee offered to Parents of Junior (Nipper) members. Covers Parents at all events, Squad Leader, Officiating, Parent Helper (If wanting access to the Club Fitness Centre Normal Associate membership fee of \$210 plus fitness centre fees will apply)*

North Cronulla accepts the NSW Active Kids Voucher

NIPPER ACTIVITIES:

Our role is to supplement your child's swimming education and have them learn, adapt and understand the saltwater aquatic environment.

Nippers is a pathway for your child to become confident in the aquatic environment, develop skills, lifelong friends and learn to save lives. Your decision to bring your child to Nippers sets them a prosperous future where they can use their experiences to help them make good decisions, develop themselves physically and mentally and also provide them unique points to add to their resume as they grow older and look to employment.

EDUCATIONAL PROFICIENCIES:

We strongly advise you to enlist your child into swimming lessons to develop their self-confidence.

THE ROLE OF NIPPERS IS TO EDUCATE AND TRAIN YOUR CHILDREN TO BE COMPETENT IN HANDLING THEMSELVES IN A WHITE-WATER ENVIRONMENT. THIS INCLUDES EDUCATING THEM TO UNDERSTAND THE OCEAN AND IT'S HAZARDS, PREPARING THEM TO COMPETENTLY MANAGE THEMSELVES IN THIS ENVIRONMENT AND BUILD LIFE-LONG SKILLS.

Your children's education is based on learning principles defined by Surf Life Saving Australia. SLSA produce educational resources that are the responsibility of our Education Officer, who oversees the learning process that is delivered by the Nipper Squad Leaders.

By the end of each calendar year, the Nipper will have completed their educational requirements and be able to compete in Branch, State and Australian Championships.

We will release the proficiency requirements in a separate document (in an easy-to-read format) which will be sent by TeamApp and our social media mechanisms shortly.

TRAINING:

We strongly advise you to enlist your child into swimming lessons to develop their self-confidence.

Nippers MUST be financial to participate in training. In respect to water training, Nippers will need to be accompanied and assisted by their parent if they do not meet the competition proficiency requirements (which we are sending shortly in an easy-to-read format.

WATER TRAINING (SUBJECT TO CONDITIONS - proficient Nippers only):

Tuesday – 6:30am at North Cronulla (all water disciplines)

Thursday – 4:30pm at Gunnamatta Bay (board only)

Friday – 6:30am at North Cronulla (surf swim training)

Saturday – Exciting new concepts we are looking at and will provide more information shortly.
(Winter board training continues)

BEACH TRAINING:

Wednesday – 4:30pm at Sylvania Athletics Track (sprint training)

Friday – 4:30pm meet at Wanda Helipad (beach/sandhills)

FITNESS, STRENGTH, AND CONDITIONING TRAINING:

Monday – 5:00pm (Under 13 / Under 14 only) at Solander Soccer Oval - Joint session with NC Chargers from 5 September 2022.

Thursday – 4:30pm (Under 14 circuit training – in progress now) by appointment with Alex Rampoldi (please contact Alex at alexandra.rampoldi@gmail.com).

COVID VACCINATION STATUS (Subject to change in line with NSW Health regulations)

All Squad leaders, Water Safety, Officials and other volunteer roles *are strongly recommended* to be fully (double) vaccinated when participating in Nippers.

We strongly advise you to maintain social distancing, stay away if suffering from COVID-19 symptoms and support our COVID-safe environment.

HOW DO I STAY IN THE KNOW.....???

With everything going on so quickly in this fast-paced world, its easy to get lost and confused. Well – not at North Cronulla. We have sure-fire mechanisms to ensure our messaging is consistent and timely. Here is all you need to know:

JOIN ALL THESE GROUPS NOW!!!!

SOCIAL MEDIA:

We use social media as our primary tool to keep our members informed and aware of what's happening at Nippers. Please make it a priority to join these groups:

[TeamApp: North Cronulla Nippers](#)

This is our primary inward facing tool to provide parents updates and houses our library of information to assist you throughout the season. Please join our North Cronulla page here - >

https://www.teamapp.com/clubs/504014?_webpage=v1

[Facebook: North Cronulla Nippers](#)

This is our wider social media tool which is outward facing tool which we use to promote ourselves at North Cronulla Nippers. Please join our North Cronulla page here - > <https://www.facebook.com/NCSLSCNippers>

[Facebook: North Cronulla Nippers training groups:](#)

Keep up to date on all the training happenings and join these pages (you can join both!):

#NC HOTSHOTZ (Water) <https://www.facebook.com/groups/105785029839733/>

NC STINGERZ (Beach) <https://www.facebook.com/groups/388297981880516/>

HOW DO I GET INVOLVED:

North Cronulla Nippers is a community led activity that cannot exist without everyone being involved and helping out. Here are some of the opportunities we have that will assist us in providing your children a rewarding and enjoyable Nipper experience:

Water Safety: is an important way to get involved. Not only do they give our children confidence whilst training and/or competing but in the process, they ensure their safety and wellbeing. If you are interested in volunteering for water safety, please call Colin on 0473636476 or email ncnippersecretary@outlook.com and we will provide further information including how to obtain the required SLS Bronze Medallion or SRC.

Carnival Officiating: Officiating is a great opportunity to be up close to all the action at carnivals. If you would like to become an official, please contact our Officials Coordinator Wil Walles wilgricw@gmail.com for further information.

Age Manager/Parent Helper:

We need parents to step up and run our Nipper Age Groups. We have senior Nipper Squad Leaders and experienced Nipper Committee people that will guide you along and teach you how to become a great squad leader or parent helper. It is a highly rewarding experience and one we suggest you strongly consider.

Please note if you want to be involved as a parent with the kids on the beach you will need to enrol and complete the Age Managers course on the SLS Portal. This is a light and easy training course and is available here:

1. Log onto your member area
2. Go to 'elearning'
3. Click on 'Training Library'
4. Go to 'SLS Age Managers'
5. Click on 'SLS Age Managers'
6. Click on 'Enrol' on the 'SLS – Age Managers' course
7. Once complete please advise Alison on ncnippersecretary@oulook.com so you can complete a practical assessment, be signed off as competent and commence assisting your child's squad.

If this is too much just come and see your squad leader at the start of Nippers or call Colin on 0473636476 and we will get you started.

Committee:

To function we have opportunities in areas such as sponsorship, marketing, equipment, apparel, management, finance and many other ways to help us run a great Nipper experience. This is a light touch undertaking where you get to be involved in the future of our Nippers and help make important decisions.

If you would like to help out, please call Colin on 0473636476 or cbulloch@ncslsc.com.au and we can help place you into an area that interests you most.

Thank you for taking the time to read this, and we look forward to a fun Season ahead on the beach!