



Founded 1925

COVID-19 SAFETY PLAN AND CHECKLIST

North Cronulla SLSC

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Version	14 Rules as of 29/10/2021
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Version 11 13 SEPTEMBER 2021

Version Control Table

Date	Version	Details
12 June 2020	1.3	Added registration and cleaning information to back of plan
29 Sept 2020	1.4	Added Junior Development (nipper) checklist and Club Shed and Equipment Area Checklist to plan – See Attached File
10 July 2020	1.5	Section 7, 8 and 9 added – Specific risks related to areas of Lifesaving, Education and Sport
31 July 2020	1.6	Section 5 – COVID Safe Hygiene Marshal Section 11 – Resource links added Section 2 – Becoming a COVID Safe Business
01/09/2020	1.7	North Cronulla Pool Covid 19 Plan
04/11/2020	1.8	BBQ Operating Plan and Updated Numbers for Group Training
20/11/2020	1.6	Section 5 Numbers to the Fitness Room
29/03/2021	1.8	People per 2 square metre Rule
26/06/2021	1.9	People per 2 square metre rules
13/07/2021	1.10	Updates club Closers
13/09/2021	1.11	Updates to lifesaving Patrol



06/10/2021	1.12	Updates on opening Club Facilities
20/10/2021	1.13	Updates on Training Community Sport etc



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1. Introduction

The purpose of this COVID-19 Safety Plan is to provide an overarching plan for the implementation and management of procedures by North Cronulla SLSC to support its members and participants in the staged resumption of clubhouse activity.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of North Cronulla SLSC, and the facilities it controls.

This Plan includes, but is not limited to, the conduct of:

- a. staged opening of club operation and activity; and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

<https://www.nsw.gov.au/covid-19>

2. Key Principles

This Plan is based on:

- AIS COVID framework
- Fitness Australia guidelines for gyms
- NSW Clubs guidelines for the use of bars

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority.
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on North Cronulla SLSC's plan.
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19.

Being COVID Safe

1. You **MUST** create and complete a COVID-19 Safety Plan
2. Register your club as a COVID Safe Business - <https://www.nsw.gov.au/register-your-business-as-covid-safe>
3. Show that your club is COVID Safe by doing the following:
 - a. Share your completed COVID-19 Safety Plan with your staff to ensure their wellbeing
 - b. Display your COVID Safe badge on your digital and social channels such as Facebook and Google Maps
 - c. Train new workers to act in a COVID Safe way

Keep your plan up to date when there are changes to the rules. Customers can visit the URL in the posters to [provide feedback](#) on how your business is providing a COVID Safe environment.



3. Responsibilities under this Plan

North Cronulla SLSC retains the overall responsibility for the effective management and implementation of the activities and operations outlined in this Plan.

The Board of North Cronulla SLSC is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Board has appointed the following person as the North Cronulla SLSC COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Donna Hargreaves
Contact Email	dhargreaves@ncslsc.com.au
Contact Number	0403 335 625

North Cronulla SLSC expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time.
- Understand and act in accordance with this Plan as amended from time to time.
- Comply with any testing and precautionary measures implemented by North Cronulla SLSC.
- Act with honesty and integrity regarding the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

The Surf Club COVID Safety Coordinator will:

- Complete the COVID Safe Checklist and Plan (reviewed at coordination meeting)
- Distribute safety posters throughout the club (provided by SLS Sydney)
- Purchase and distribute hand sanitation material for use at entry and exits
- Update plan when required
- Act as a contact for members regarding ideas and questions
- Develop strategies to check on maximum numbers and distancing requirements
- Define and develop cleaning strategies with club management

4. Criteria for facility operating **OPEN FOR DOUBLE VACCINATED MEMBERS**

Surf Life Saving Clubs in Sydney can open from 13 June 2020 under the following guidelines:

1. Have appointed a Club COVID Safety Co-ordinator
2. Have attend the SLS COVID Safe Briefing/ Meeting and been inducted into the safety framework
3. Have completed the safety plan and checklist for each area opening (club, showers, gym/fitness room, bar, pool)
4. The management committee are satisfied they meet the required guidelines within this plan



5. Facility/Key Principles Checklist

Each area of the club will require common safety measures, these include:

Numbers, distancing and registration

- Considering having one entry and one standard exit to the club to allow for registration and promotional information etc.
- Covid Vaccination Passport to be sighted upon entry
- Capping numbers of entry to one person per 4 metre square for the floor space used
- Groups can only be a maximum of 20 people – no more than 20 people using a table
- Compulsory** registration of those using area (tag and QR CODE APP) for possible contact tracing. Clubhouse entry via a tag system and compulsory. VIA SERVICE NSW QR CODE APP OR [Service NSW | COVID Safe Check-in Concierge Webform](#)
- Monitor and call out / discourage physical greetings (hand shaking, high fives, hugs and kisses, etc).
- Encourage members not to loiter in high use areas 'Get in, train and get out', "Shower and leave"

Cleaning and Hygiene

- Hand and hygiene sterilisation available on entry and exit
- Provide self-cleaning guidelines for members where required
- Develop monitoring process for compliance and cleaning
- Discourage sharing of equipment and clean between use
- Advise that no bags, clothing (including wetsuits, etc) or other personal items are to be left at the club or in change rooms.

Information and safety promotion

- Safety promotional posters and material should be displayed
- Provide guidelines in club news, social media and other channels, of club usage requirements
- Brief club officers, coaches, team managers and sections heads about this plan
- Members identified as high-risk groups of COVID-19 should be strongly encouraged to stay home.
- If a member tests positive to COVID-19 they're strongly encouraged to contact the Club President and state date and times they were at the premises (these details are to be kept confidential).

The following checklist should be used for each specific area

Showers and change rooms

Open from 11 October 2021 for Fully Covid-19 Vaccinated Members with fob Access Only and Patrolling members whilst on patrol who do not have Fob access but use the patrol fobs

It is strongly advised that members change and shower at home and adopt a "Get in, train and get out" policy.

- North Cronulla has set defined maximum numbers using one member per 2 square metre rules. Note this number on posters supplied, North Cronulla undertakes inspections and encourage member to member accountability. North Cronulla records any breaches or takes actions for non-compliance.
- Promote and monitor social distancing of 1.5m. North Cronulla has implemented "X" tape on floor systems and/or safety signage displayed promoting distancing.



- North Cronulla has defined process for entry. User tracing is important if an infection is identified. Ensure you have a system to identify members using the clubhouse such as using the club electronic tag system **Compulsory** registration of those using area (tag and QR CODE APP) for possible contact tracing. Clubhouse entry via a tag system and Compulsory sign in via SERVICE NSW QR CODE APP or Display signage provided
- North Cronulla has provided hand sanitation on entry and exit
- Cleaning products are supplied, and members must self-clean surfaces after use.
- North Cronulla has ensured a regular cleaning protocols for showers and change rooms after each use.
- Members are advising the use of own towel and personal care products – safety signage provided
- Set up a cleaning schedule and record sheet located in each bathroom/change room and ensure cleaners record each facility clean (template attached).

Gym/Fitness Room Open 11 October 2021 for Fully Covid-19 Vaccinated Fitness Room Members Only

- North Cronulla has set our maximum number of Fitness Room entry as per our Fitness Plan which accommodates using one member per 4 square metre rules. Note this number on posters supplied, undertake inspections and encourage member to member accountability. Record any breaches or actions taken for non-compliance.
- Promote and monitor social distancing of 1.5m on all equipment – safety signage provided. You may configure equipment to include spacing or encourage members to use equipment leaving spacing as required
- North Cronulla has a define process for entry. User tracing is important if an infection is identified. Ensure you have a system to identify members using the clubhouse such as using the club electronic tag system and Compulsory sign in via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)
- Display signage provided
- Provide hand sanitation on entry and exit and encourage personal hygiene via poster
- Inform members they must have their own towel – poster provided
- Discourage members from using equipment between sets
- Supply cleaning products to promote self-cleaning of each item of equipment after use – poster provided
- Clubs must ensure regular cleaning of gym/fitness room and equipment. For heavily used areas, this is recommended to be several times a day.
- Encourage member to member accountability where members self-monitor and provide safety information to other members who do not comply. Provide advice and encouragement in newsletters – see something, say something!
- Consider using a booking system for the gym/fitness room such as Acuity Scheduling etc [Acuity Scheduling](#) or [Picktime](#) which are free software programs.

COVID-19 Safe Hygiene Marshal for Gym/Fitness Room

As of Saturday 1 August 2020, the NSW Government has made the following mandatory.

Under the requirements of the NSW Health gym/fitness Room usage guide, a [COVID-19 Safety Hygiene Marshal](#) **must be** appointed for the safe operation of the club gymnasium.



The Marshal should be inducted into the club's gym/fitness room safety requirements and gym safety plan. The club will determine how this system operates (roster system, coach appointment for group workouts, time slots etc)

The COVID-19 Safety Hygiene Marshal will:

- Ensure compulsory COVID Safe registration of gym/fitness room users
- Have an understating of the club's COVID Safety Plan and gym/fitness room requirements checklist
- Be present when others are using the gym/fitness room
- Be identified by distinctive clothing (such as a vest, shirt or badge)
- Oversee all aspects of the COVID-19 Gym/fitness room Safety Plan and ensure requirements are being adhered to including social distancing, cleaning and ensuring the accuracy of record keeping.
- Provide guidance, advice and sanctions to gym/fitness room users, and to enforce safety hygiene requirements set by the club.
- [Checklist for Hygiene and Cleaning of Indoor Recreation Facilities](#)

Club Shed, Multi-Purpose Rooms and Equipment Areas – ONLY OPEN FOR DOUBLE VACCINATED MEMBERS TO ACCESS EQUIPMENT & FOR THOSE APPROVED BY BOARD OF MANAGEMENT (CLUB COACHES AND THE CALL OUT TEAM) TO CARRY OUT THEIR DUTIES. NOT TO BE LEFT OPEN AT ANY TIME

- Ensure the number of people in a facility does not exceed one person per 4 square metres.
- Minimise co-mingling by staggering training start times.
- A register must be completed by anyone entering the facilities and records kept for 28 days and Compulsory sign in via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)
- Promote and monitor social distancing of 1.5m. Consider helpful "X" tape on floor systems and/or safety signage displayed promoting distancing.
- Ensure signage is displayed around hygiene and cleaning protocols.
- Consider using a booking system for training sessions.
- Adhoc use of clubhouse facilities by members outside of formal or group training sessions is prohibited due to lack of ability to monitor cleaning and hygiene protocols.
- Where there is a group working on equipment or cleaning out the gear shed or club house, for example, use a booking system to keep numbers at a minimum and schedule small groups to work at different times.
- Operate on a "Get in, train or work, and get out" basis.
- Prevent gatherings occurring outside the premises.
- Consider appointing a Club house manager to oversee bookings and usage.
- Ensure regular cleaning of communal areas and wipe down of any equipment being worked on.
- Provide hand sanitiser and encourage use on entry and exit.
- Provide detergent and gloves for members working within the facility.
- Any shared sports/training/CPR equipment must be washed down and disinfected after each use.
- Ensure you appoint someone to oversee cleaning of shared equipment, either an overall Clubhouse and gear manager or appoint someone from each training or working group.



- The storage of personal craft within the gear shed is discouraged at this stage.
- Facilities can open under the above guidelines from 13th June. Return to full training activities including boats and double skis can resume from 1st July.
- IRB training can resume now under the Emergency service provision of essential training.

Club Bar – Numbers listed on the door

Open 17 October 2021 for Fully Covid Vaccinated Guests – Booking System to apply

- Club to define the maximum number that can be accommodated using one member per 4 square metre rules. Note this number on posters supplied, undertake inspections and encourage member to member accountability. Record any breaches or actions taken for non-compliance. Bar staff to monitor, Bar staff to wear masks at all times
- Guests must be seated whilst inside
- The NSW Clubs guidelines note that alcohol can only be consumed by members/visitors seated
- Consider helpful processes for members to maintain social distancing of 1.5m
 - a. Space out tables and chairs
 - b. Use tape to indicate standing locations for the bar queue
 - c. Display posters
- Visitors must sign in when entering the bar Service NSW APP QR. While member details will already be recorded in SurfGuard in case of the need to contact. Visitors (non-members) should have their name, number and email address recorded
- Compulsory sign in via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)
- Provide hand sanitation on entry and exit
- No shared food or utensils to be provided on tables. Do not have items that have multi use such as menus, sugar bowls, toothpicks etc. Napkins and straws must not be stored in communal areas or on tables
- Provide regular cleaning down of surfaces by bar staff and avoid cross infection by using the same cleaning cloth without regular washing in hot soapy water – or use paper towel and discard.
- Groups can only be a maximum of 20 people – no more than 20 people using any one table
- Ensure bathrooms are well stocked with hand soap and paper towels. Poster with hand washing information provided.

BBQ Operation Plan

BBQ Setup

- BBQ area to be setup with segregation between the BBQ, food serving area and money. One table for serving food, one for the handling of money and BBQ separate
- Tent to be set up
- Tables and equipment to be cleaned/sanitised once setup complete
- Hand sanitiser and covid signs in place
- North Cronulla bin to be placed next to BBQ area



General Requirements

- No shared food or utensils to be provided on tables
- No multi use items such as menus, sauces, toothpicks, napkins, straws to be stored on tables for public access
- Regular cleaning of surfaces to be done with cleaner/sanitiser and paper towel, then discard paper towel
- Adults only to be cooking BBQ

Volunteer roles/responsibilities

- One person to cook BBQ
- One person to take money
- One person to serve food - that includes all condiments
- Server to wear food safe gloves
- One person to be a Covid marshal, overseeing operation of BBQ and public – hi vis vest to be worn
- If people decide to swap roles correct hand washing/sanitising to occur before swapping
- No eating of products whilst on duty in BBQ area
- Everyone to re-sanitise regularly

Pack up

- BBQ to be cleaned and returned to canteen area
- All rubbish collected in North Cronulla bins
- Bins returned to pool area
- Any products to be kept to be handled in a sanitary way, returned to canteen fridge etc
- Tables to be cleaned and packed away
- Tent to be packed away
- All utensils and other items to be washed up – all equipment to be washed up on site, nothing to go home

North Cronulla SLSC Pool Complex COVID 19 Rules **Open from 11 October 2021 for Fully Covid-19 Members ONLY**

- Compulsory that All members are to sign the Attendance Register via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)
- Please note this area is under constant CCTV surveillance and spot checks will be undertaken any member failing to comply will be held accountable. Breaches will be recorded and actions for non-compliance will be taken against members which could result in membership termination.
- NCSLSC Swimming Pool has a maximum of 25 participants/members in the swimming pool (water) at any one time. Always Maintaining Social distancing of 1.5m.
- NCSLSC will keep a record of names and a mobile number or email address for all staff, volunteers, visitors and contractors for a period of at least 28 days who have entered the NCSLSC Pool Complex. NCSLSC will ensure records are used only for the purposes of tracing COVID-19 infections and are stored confidentially and securely.
- Spectators (when training groups are not using the pool) must comply with 1.5 metres physical distance where practical, such as through staggered seating. People who live in the same household are not required to distance.



- Members wishing to use the NCSLSC swimming pool will be trained on how to clean the pool area after use and provided with COVID-19 information including when to get tested, physical distancing, cleaning and how to manage a sick visitor.
- The Club will ensure hand sanitiser is accessible at the entry point of the pool area to use on entry and exit by all members. Members to advise if this is not available.
- Any members using the pool must clean down the pool area especially hard surface areas including handrails after use. The Club will provide cleaning products for members to clean down areas after use.
- Club Caretaker will clean the swimming pool complex, once daily with detergent/disinfectant and water.
- Communal facilities i.e. toilets/showers are to be cleaned by each member after use with disinfectant provided.
- North Cronulla SLSC will maintain proper disinfectant levels and pH of pools.
- Disinfectant solutions will be maintained at an appropriate strength and used in accordance with the manufacturers' instructions.
- Staff or volunteers are to wear gloves when cleaning and wash hands thoroughly before and after with soap and water.
- Members are limited to 1hr sessions only in swimming pool

6. Junior Activity Checklist –

Compulsory all attendees to Register attendance via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)

Pre-Activity

- Add this JDC safety checklist to club COVID Safety Plan. JDC committee to approve plan before starting activity.
- Appoint a COVID Safety Officer to oversee Junior Activity/Training. Appoint additional officers for larger group numbers (use one officer per 50 nippers). Check in with club COVID Safety Officer/s
- SLS Sydney will be providing information to the GMs of each Local Government but the junior coordinator should contact their local government representative or make district contact before activity starts. Consider a district approach for liaison.
- Develop a nipper registration process that does not involve large gatherings. Consider online registration and small groups rostered at different times
- Encourage young members or parents/age managers who do not feel well to NOT attend the beach or junior activity.
- Communicate safety arrangements to Junior Development members before attending the beach. Also consider a community communications plan to promote your safety culture. This can be done via your website, club Facebook page and Insta page, local newspaper, your club newsletter, and maybe also liaising with local schools, who could share your information.
- Ensure all age managers hold the SLS Age Manager Award and are qualified for water safety. Encourage parents who would like to be on the beach with their children to obtain their age manager award.



- Define process for registration for each junior activity member and age managers. User tracing is important if an infection is identified. Ensure you have a system to identify members entering the clubhouse such as the club electronic tag system, a sign in process. Display signage provided.
- Define the group management plans. Consider the following :
 - a. Should you decide to reduce numbers, one option for the larger clubs is to run the U6 and U7's age groups as a limited group for Nipper siblings only for the season.
 - b. Consider greater water activities and ensure water safety in place
 - c. Keep nippers moving and not gathering together
 - d. Mark off areas where age groups will conduct their specific program
 - e. Consider shorter programs at staggered times
 - f. Break into small groups for more effective delivery
 - g. Consider different points of drop off and pick up

On-Day Activity

- Undertake a pre-activity safety briefing to communicate to age managers plan details
 - a. Ask others how they are feeling and if not feeling well then not participant
 - b. Ensure everyone has signed in
 - c. Ensure everyone has hand sanitised

Following the government requirements (as of 1st July) for a community sporting activity (indoors or outdoors) that involves a gathering of more than 30 participants <https://sport.nsw.gov.au/novel-coronavirus-covid-19> :

- The gathering must not exceed a total of 500 participants, which includes:
 - a. a **person** engaged in the sporting activity, and
 - b. an **official** (including a volunteer) involved in the conduct or organisation of the sporting activity, and
 - c. a **spectator** of the sporting activity.
- Promote and monitor social distancing of parents, spectators and age managers of 1.5m. Encourage only one parent to attend and not to gather in groups.
- Community sporting activity organisers may need to consider measures that may need to be implemented to adhere to the Public Health Order requirements. Some suggestions include:
 - a. Limiting the number of areas operating on the beach or the club house.
 - b. Allowing additional time between age groups and/or activities to ensure there are no more than 500 people onsite at any one time.
 - c. Encourage participants not to spend additional time in the area. - 'Turn Up, Participate, Leave'
 - d. Encourage only one parent/carer to accompany their child to the beach for the purpose of supervision.
- Ensure age managers, adults assisting on the beach and water safety personnel are suitably identifiable through a vest, club shirt, hat or rash vest.
- Provide hand sanitation on beach entry and exit and encourage personal hygiene
- Provide registration process
- Safety officer to monitor gatherings and actively intervene to change behaviour as required



Post Day Activity

- Undertake post activity safety briefing and update plan as required

Nipper Groups on nipper days only **Covid-19 Plan attached by JAG Committee**

- Compulsory all attendees to Register attendance via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)
- Maximum of 2 Nippers/Squad Leaders/Squad Assistants/Covid Marshalls at any one-time are to be in the enclosed NCSLSC Swimming pool complex. No more than 10 nippers in the swimming pool (water) at any-one time
- Squad Leaders/Assistants are to reduce sharing of any equipment where practical and ensure these are cleaned with detergent and disinfectant between use.
- Nipper Groups are not to enter the Swimming Pool Complex if another group is in there. They will be required to wait until all members have left, and the area is approved for enter by the Nipper Covid Marshall
- Nipper Groups are only to enter via the side Swimming Pool Complex gate at the northern entrance (opposite Cnr Mitchell & Prince Street) of the Club House, Nippers are not to access the internal walkway to the eastern exit of the club (beach side).
- Gates and including Solid Gate is to be closed whilst groups are in their nipper session (minimise view and access to public)
- Nipper Covid Marshalls will need to ensure that all areas are cleaned between nipper groups and at the completion of the nipper session
 - Including Nipper communal facilities such as showers,
 - Ensure that no personal belongings are left behind – No Lost Property Bins are to be used at any time. Belongings left are to be disposed of in the Club rubbish bins
 - Pool Covid 19 Cleaning schedule is to be completed after each nipper squad
- During Nipper days no parents/guardians are to enter the pool area.
- Please reduce crowding wherever possible, Squad Leaders/Assistants/Trainers are to promote physical distancing with markers on the floor, including where members are asked to queue.
- Squad Leaders/Assistants/Covid Marshalls are to follow the strategies in place to manage gatherings that may occur immediately outside the premises.

General Information to members at entry points and in newsletters

To assist us to create a COVIDSafe Surf Club please follow safety signage and the guidelines below:

- ✓ **Register entry via electronic tag, sign in book or sign-in**
- ✓ **Maintain Social distancing – 1.5m**
- ✓ **Personal hygiene encouraged**
- ✓ **Use hand sanitation on entry and exit**
- ✓ **Observe maximum number signage and guidelines**
- ✓ **Download and turn on COVIDSAFE App**
- ✓ **Self-clean surfaces used with product provided**



- ✓ **Call the club president if you are diagnosed with COVID-19 after attending the club**
- X **Don't enter if you are feeling unwell**
- X **Don't congregate in groups or share equipment. Do not leave bags, cloths or wetsuits within the club.**

7. Lifesaving and Patrol Checklist – see Attached COVID-19 LIFESAVING PLAN AND REQUIREMENTS FOR PATROL
Compulsory all attendees to Register attendance via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)

Review Section 5 Key principles of this plan

- Numbers, distancing and registration
- Hygiene and sanitation
- Information and promotion
- Contact with Patients and members of the public during rescues
 - a. Use a bag-valve-mask (BVM) where possible as safer alternative
 - b. Resuscitation masks with a one-way valve may still be used following individual risk assessment or a lifesaver may perform compression only CPR.
 - c. Maintain a safe distance while checking breathing
- Regularly clean rescue-ready equipment and contact points of rescue equipment used during rescues and wash hands and contact points after use.
- Use of Radios – make sure radios are in bags
- Oxygen Equipment
 - a. Clean non-disposable parts of the unit thoroughly
 - b. Use single only equipment
- First Aid Equipment
 - a. Wear Gloves when handling any first aid equipment
 - b. Do not use first aid equipment that is clearly damaged or used where possible

8. Education Checklist: Available for Fully Vaccinated Members as at 11 October 2021

Compulsory all attendees to Register attendance via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)

Review Section 5 Key principles of this plan

- Numbers, distancing and registration
- Hygiene and sanitation
- Information and promotion
- Clean areas used for practical training including but not limited to CPR training with detergent and disinfectant before and after each use.
- Ensure all trainers, assessors and facilitators can disinfect CPR manikins safely, and.
 - a. they are aware of disinfecting protocols
 - b. have access to disinfectants, gloves and alcohol wipes
- Ensure all trainers, assessors and facilitators deliver CPR training safely



- a. Avoid high risk activities when training CPR
- b. Make sure radios are in bags
- Ensure training rooms or areas are set up safely to avoid the risk of spreading COVID-19
- Implement measures to prevent crowding at ocean baths, such as limiting the number of swimmers to 3 per lane and ensuring physical distancing for swim training or entry-requirement swims (which can have up to 30 participants).
 - a. Display signage at ocean baths that indicates 3 swimmers per lane
 - b. Stagger pool entries during swim training
 - c. Where possible, mark areas for pool entry and exits, and the direction of pedestrian traffic to avoid gatherings and promote physical distancing
- Schedule training with staggered start times and limit enrolments to a maximum of participants in a classroom with a trainer, assessor or facilitator

Reference [SLSNSW COVID-19 Training and Education template](#) for more information on the requirements and actions in Training and Education.

9. Surf Sport Training Checklist

Compulsory all attendees to Register attendance via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)

- Review Section 5 Key principles of this plan
 - o Numbers, distancing and registration via SERVICE NSW QR APP
 - o Hygiene and sanitation
 - o Information and promotion
- Have strategies in place to prevent surf sports spectators or participants from co-mingling between groups.**
 - a. Communicate on club webpages and through social media channels areas for spectators to gather safely as well as how they should move between places to avoid gatherings and maintain safe physical distancing e.g., advise spectators where and how is best to park and congregate before, during and after a surf sports or training event.
 - b. Move or block access to equipment to support 1.5 metres of physical distance between people.
- Sports equipment hygiene**
 - a. Clean any sports equipment before and after use while wearing gloves
 - b. Encourage participants not to spit or cough, especially around others, as this can spread the virus and may be perceived as intentional which has consequential government penalties
- Sports training groups**
 - a. Encourage everyone to bring their own water bottle, sunscreen, sweat towels, exercise mats and equipment.
 - b. Log training attendance—Record and keep names and contact details of all attendees (to be maintained securely for no less than 28 days). On request you will be required to provide the information to the Chief Health Officer. **VIA SERVICE NSW APP**
 - c. Take care around vulnerable people



- d. Training groups should practice social distancing and have no more than 200 participants, including the instructor and any assistants, per space and comply with one person per 2 square metres of space
- Sports training in the gym/fitness room**
 - a. Communicate on club webpages and through social media channels the safe capacity limits of the club gym/fitness room and conditions of gym/fitness room entry.
 - b. Let everyone know that there are updated gymnasium form templates available on SLS Members Area Document Library (WHS) to align with new COVID-19 restrictions.
 - c. Move or block access to equipment to support 1.5 metres of physical distance between people.
 - d. Restrict gym/fitness room entry to up to 20 members if the space safely allows within the limits of a safe area capacity (One person per 4 square meters of space)

Club Training Groups Open 11 October 2021 for Fully Covid-19 14+ Vaccinated Members Only

JUNIORS U8- U14 Members parents must be accompanied at all times with Double Covid-19 Vaccinated parent to be admitted to the pool area – JAG COVID MARSHALL TO BE PRESENT AT ALL TIMES TO Verify Covid Passport.

- Compulsory all attendees to Register attendance via SERVICE NSW QR CODE APP or [Service NSW | COVID Safe Check-in Concierge Webform](#)
- Training groups will not exceed more than 25 participants/members in the swimming pool at any one-time, (including instructors/assistants, are allowed in the area to assist with training) All members must always maintain 1.5 metres physical distance either in or out of the pool where practical.
- The Training Group will be responsible for cleaning the area after use, the group will be required to have a designated Covid Marshall
- Trainers are to reduce sharing of any equipment where practical and ensure these are cleaned with detergent and disinfectant between use.
- Club Training Groups are to book in with the Club Office their preferred training times.
- Club Training Groups are to follow the strategies in place to manage gatherings that may occur immediately outside the premises.

10. Suspected/Confirmed case within the clubhouse

Exclude members or staff who are feeling unwell

Provide information on the nearest testing site.

Sutherland Hospital. Follow signage from Kareena Rd Entrance, Ground Floor, Kareena Road, Caringbah. Telephone: 9540 8998

Sutherland COVID 19 Drive-Through Testing Centre. Sutherland Multi-Purpose Community Centre 123 Flora St Street Sutherland (enter via Belmont Street)

If a member tests positive to COVID-19 they're strongly encouraged to contact the Club President and state date and times they were at the premises (these details are to be kept confidential).



If a confirmed case of COVID-19 has been identified and they have used the clubhouse, close the facility for cleaning. Monitor the welfare of the member and check with the member if they have contacted NSW Health and if contact tracing is underway.

Contact the NSW Health helpline on 1300 066 055 to check advice and to check if contact tracing is required from a club level. If required notify members as appropriate.

The required sections of your clubhouse will need to be thoroughly cleaned and disinfected before people can return.

Some Safe Work Australia guidelines include:

- Using an ISO accredited cleaner is not required
- Fogging is not required and is not recommended
- Swabbing surfaces following disinfection is not required

For more information on what to do if there is a case of COVID-19 see our infographic - What to do if a worker has COVID-19.

<https://www.safeworkaustralia.gov.au/sites/default/files/2020-04/COVID-19-Infographic-Suspected-or-Confirmed-Cases-a3.pdf>

11. Supplies and Resources

General reference guides and assistance

Policy and Compliance – Peter Agnew, President SLS Sydney. 0407 938 880

Resourcing, guides and poster reprints - Karen Byron, SLS Sydney, Club Development Officer
9019 0722 or 0466 630 643 – clubdevelopment@surflifesavingsydney.com.au

Other useful COVID-19 Links

[NSW Health Infection control guidelines for Community Sport](#)

[NSW Gov Guidelines for Sports-Recreation-Safety Plan](#)

[Register your business as COVID safe](#)

[COVID-19 Safety Hygiene Marshal](#)

Hand Sanitiser

Suppliers such as Bunnings, Chemist Warehouse. Refer to cleaning and hand sanitiser information.

Cleaning

See Safe Work Australia website for cleaning to prevent the spread of COVID-19

[Safe Work Australia - COVID-19 workplace cleaning and disinfection](#)

[Download the PDF](#)



How to calculate the number of people for the size of your room

1. Measure the length of the room.
2. Measure the width of the room.
3. Multiply the length by the width to calculate the area of your room in square metres.
4. Divide the area of your room (calculated in square metres) by 4 to calculate the maximum number of people allowed.

Number of people	Minimum space required
1	4 square metres
20	80 square metres
40	120 square metres
60	160 square metres
80	320 square metres
100	400 square metres

12. Safety Promotional Material

Posters have been developed by Surf Life Saving Sydney and four printed A3 copies of each poster will be supplied to each surf club.

Welcome! Poster to be displayed at each entry point of the surf club.

Welcome!

To assist us to create a **COVIDSAFE** Surf Club please follow **safety signage** and the **guidelines** below:

-  Register entry via electronic tag or sign in book.
-  Maintain Social distancing - 1.5m.
-  Use hand sanitation on Entry and Exit.
-  Observe maximum number signage and guidelines.
-  We recommend you download and turn on **COVIDSAFE** App.
-  Self-clean surfaces used with product provided.
-  Contact the Club President if you are diagnosed with COVID-19 after attending the club.
-  Don't enter if you are feeling unwell.
-  Don't congregate in groups, leave clothing or wetsuits in club or share equipment without cleaning first.

BE COVIDSAFE - Safety First!

This Surf Life Saving Club is implementing **COVIDSAFE** practices. Please follow instructions provided to ensure we keep members and visitors safe.



Attention Poster to be displayed at each entry point of the surf club.

Attention!

If you have experienced a **fever, cough, sore throat, shortness of breath** or **travelled overseas** in the past month, please **do not** enter this facility.



BE COVIDSAFE - Safety First!

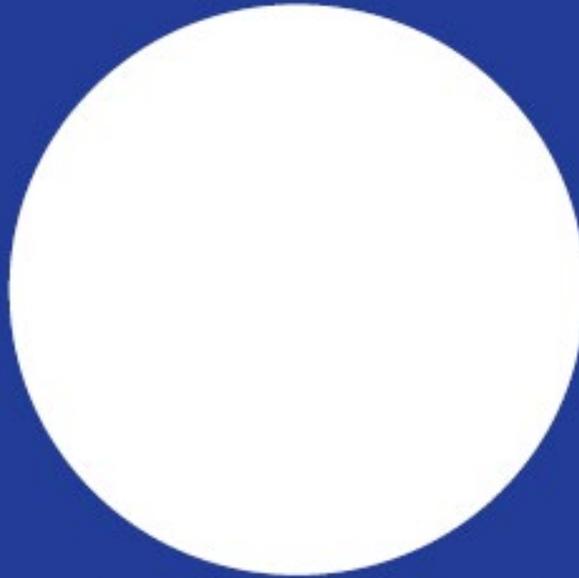
This Surf Life Saving Club is implementing COVIDSAFE practices. Please follow instructions provided to ensure we keep members and visitors safe.





Maximum Capacity poster should be displayed at the entry to change rooms/showers, the gym/fitness room and the bar. Write the maximum number of people allowed to enter based on one person per square metre (see Section 7)

The Maximum Capacity for people in this section is:



Public Health Orders require social density not to exceed one person per 4 square metres. This number is calculated on this order.

BE COVIDSAFE - Safety First!

This Surf Life Saving Club is implementing COVIDSAFE practices. Please follow instructions provided to ensure we keep members and visitors safe.





Gymnasium Poster to be displayed at entry to the gymnasium. Indicate the maximum number that can enter based on the one person per 2 square metre rules

Gymnasium

- 1** A condition of entry to this gym is that a maximum of members is not exceeded. Please count numbers on entry. If you remain in the gym exceeding the maximum numbers, you are in breach of our safety plan and your membership will be suspended.
- 2** Maintain social distancing of 1.5m.
- 3** Each member must use the club electronic tag or sign in process to use this gym.
- 4** Please use hand sanitation on entry and exit.
- 5** You must have your own towel.
- 6** Use cleaning products provided to self-clean each item of equipment after use.

BE COVIDSAFE – Safety First!

This Surf Life Saving Club is implementing COVIDSAFE practices. Please follow instructions provided to ensure we keep members and visitors safe.





Shower and Change Room Poster to be displayed at entry of male and female change rooms. Indicate the maximum number that can enter based on the one person per 2 square metre rules

Shower and Change Room

- 1 A condition of entry to these showers/change rooms is a maximum of members is not exceeded. Please count numbers on entry. If you remain in the change room exceeding the maximum numbers, you are in breach of our safety plan and your membership will be suspended.
- 2 Maintain social distancing of 1.5m.
- 3 Each member must use the club electronic tag or sign in process to enter.
- 4 Please use hand sanitation on entry and exit.
- 5 Use own towel, soap & personal care products.
- 6 Use cleaning products provided to self-clean surfaces used.

BE COVIDSAFE – Safety First!

This Surf Life Saving Club is implementing COVIDSAFE practices. Please follow instructions provided to ensure we keep members and visitors safe.





Club Bar Poster to be displayed at entry and inside the club bar. Indicate the maximum number that can enter based on the one person per 2 square metre rules.

Club Bar

- 1** A condition of entry to the club bar is that a maximum of members is not exceeded. Please count numbers on entry. If maximum numbers are exceeded members will be asked to leave.
- 2** Maintain social distancing of 1.5m.
- 3** Each member must use the club electronic tag or sign in process when attending the bar.
- 4** Please use hand sanitation on entry and exit .
- 5** Do not share food, drinks or utensils.

BE COVIDSAFE - Safety First!

This Surf Life Saving Club is implementing COVIDSAFE practices. Please follow instructions provided to ensure we keep members and visitors safe.



Good Hygiene Poster – to be displayed in bathrooms and toilets

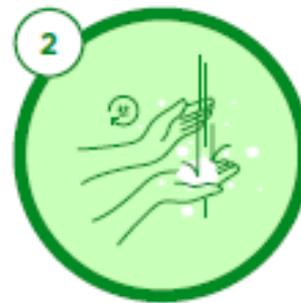


Australian Government

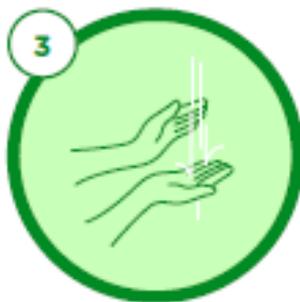
Good hygiene is in your hands.



Wet hands with running warm water and apply soap.



Rub hands and lather for at least 20 seconds.



Rinse hands under running warm water.



Dry hands thoroughly with a clean towel.

BE COVIDSAFE

For more information about Coronavirus (COVID-19), please visit [health.gov.au](https://www.health.gov.au)





13. Cleaning Information

Cleaning & Hand Sanitiser Information

As discussed, here is the information I collected so you have an idea of the varying prices on Hand Sanitiser out in the marketplace.

I did not dig down into general cleaning products as I thought your club would most probably have this already sourced, however LAB6, Bunnings, Officeworks and supermarkets all have a variety of products with various pricing on offer.

LAB6 Pty Ltd – 9540 2616 (Unit 17B, 1 Endeavour Road, Caringbah)

\$53.90 for 5ltr Hand Sanitiser = \$10.78 per litre

[LAB 6 Full Price List](#)

idc Medical - 9587 0232 (3 Production Avenue, Kogarah)

\$125.00 for 5ltr Hand Sanitiser = \$25.00 per

[idc Medical Full Price List](#) and [idc Medical Product Flyer](#)

Paul Cooper – Secretary Burning Palms

The Intellectual Disability Foundation of St George

0412 532 863

Bulk Hand Sanitiser – produced by Manildra Group @ \$6.00 per litre

Retail Outlets - Prices as at 16th July 2020

Bunnings Warehouse

from \$12.00 per litre

Chemist Warehouse

from \$14.49 per litre

Officeworks

from \$19.90 per litre



Cleaning schedule – Toilets, showers and change facilities

CLUB:

LOCATION:

DATE:

Area	Time	Time	Time
Sanitise and wipe down sinks and taps			
Sanitise and wipe down toilets			
Sanitise and wipe down communal touch points – door handles, hand dryers, light switches, bin lids.			
Spray and wipe surfaces and benches			
Mop floors			
Check no personal belongings left			
Top up hand sanitiser, soap, paper towel, toilet paper, spray sanitiser bottles			

Checked and signed by facilities / club house manager or cleaner



Cleaning schedule – POOL AREA

CLUB:

LOCATION:

DATE:

Area	Time	Time	Time
Sanitise and wipe down Pool Surfaces/ Rails			
Check no Personal belongings left in Pool Area			
Top up hand sanitiser, spray sanitiser bottles			

Checked and signed by facilities / club house manager or cleaner



COVID-19 LIFESAVING PLAN and REQUIRMENTS FOR PATROL

- Check All Patrolling Members have PPE Equipment for Patrol: Face Masks, Gloves, Hand Sanitation
- Facility/Key Principles Checklist:
 - Patrol Log sign in and Compulsory Registration Service NSW QR CODE APP** for contact tracing. Clubhouse entry via a tag system and compulsory. VIA SERVICE NSW QR CODE APP OR [Service NSW | COVID Safe Check-in Concierge Webform](#)
 - Numbers and distancing** - 4 in the Patrol Area (between Flags) IRB Team to be locate near water's edge or in water + Secondary Satellite Patrol (Min 2 - Max 6 additional Patrol members dependent on beach surf conditions) located at high risk locations (Alley, Pool, Wall in teams of two). Satellite patrol will be rotated when we required to minimize fatigue from monitoring these high- risk locations. All members to be provided with Sun Safe Equipment – ie Umbrellas
 - Monitor and call out / discourage physical greetings (hand shaking, high fives, hugs and kisses, etc). Encourage members not to loiter in high use areas

Cleaning and Hygiene

- Hand and hygiene sterilisation available on entry and exit
- Provide self-cleaning guidelines for members where required
- Develop monitoring process for compliance and cleaning
- Discourage sharing of equipment and clean between use
- Advise that no bags, clothing (including wetsuits, etc) or other personal items are to be left at the club or in change rooms.

Information and safety promotion

- Safety promotional posters and material should be displayed
- Provide guidelines in club news, social media and other channels, of club usage requirements
- Brief club officers, coaches, team managers and sections heads about this plan
- Members identified as high-risk groups of COVID-19 should be strongly encouraged to stay home.
- If a member tests positive to COVID-19 they're strongly encouraged to contact the Club President and state date and times they were at the premises (these details are to be kept confidential).
- Contact with Patients and members of the publics during rescues
 - a. At all times use PPE
 - including a bag-valve-mask (BVM) as safer alternative
 - Resuscitation masks with a one-way valve may still be used following individual risk assessment or a lifesaver may perform compression only CPR.
 - Maintain a safe distance while checking breathing
- Regularly clean rescue-ready equipment and contact points of rescue equipment used during rescues and wash hands and contact points after use.
- Use of Radios – make sure radios are cleaned regular between use
- Oxygen Equipment
 - a. Clean non-disposable parts of the unit thoroughly



- b. Use single only equipment
- First Aid Equipment
 - a. Wear Gloves when handling any first aid equipment
 - b. Do not used first aid equipment that is clearly damaged or used where possible

Cleaning on Patrol

What do I need?

- Detergent, either as a solution that can bemixed with water, or as wipes, found in patrol room
- A disinfectant containing alcohol (at a concentration of 70% or more), quaternaryammonium compounds, chlorine bleach or oxygen bleach (see the [Department of Health](#) website for more information on achieving thecorrect bleach solution), or A 2-in-1 detergent and disinfectant solution orwipes which can be used for routine cleaning.

When should I clean?

- At the end of a Patrol, clean the patrol area patrol room using a detergent and then a disinfectant, or a 2-in-1 detergent anddisinfectant solution.

Focus on:

frequently touched surfaces such as tabletops, chairs, door handles, light switches, rescue equipment,

- Clean frequently touched objects and surfaces, which are surfaces used repeatedlyby lots of people throughout the day, using a detergent and then a disinfectant, or 2-in-1detergent and disinfectant solution.

For example:

First Aid kit, radios, ATV, Rescue Boards and Rescue Tubes, IRB

- Clean surfaces and fittings that are visibly soiled or after any spillage as soon as possible using a detergent, or a 2-in-1 detergent and disinfectant solution.
- Instruct patrol members to clean personal property that has been brought to patrol and is likely to be handled whilst patrol or during breaks with a detergent and then a disinfectant, or 2-in-1 detergent and disinfectant solution or wipes.

For example:

sunglasses, mobile phones, tablets, car keys

Patrol Change Over:

- Incoming Patrol to not enter Patrol tent whilst Departing Patrol is present
- Incoming and Departing Patrol Captains to meet outside tent and conduct hand over briefing
- Once Departing Patrol has completed the tasks and left Patrol Area Incoming Patrol may enter

Departing Patrol

- Departing Patrol to clean and check and sanitise: Incident Log, SOP's, Loud Hailer, Binoculars, First Aid Bum Bags, etc. First Aid kit, OXY kit, Sanitise Radios & Radio bags. Patrol RED bin to be check cleared and appropriately sanitise bin & contents ready
- Departing Patrol to clear patrol area of rubbish and remove disposable liner from bin and sanitise around it and dispose in council bin

Incoming Patrol



- Incoming Patrol MUST report to their Patrol Captain before entering Patrol Area
- Incoming Patrol confirm adequate supplies of Hand Towels, Wet Wipes, Disinfectant, Face Masks & Sanitiser
- Check First Aid Bum Bags contents: masks, gloves, sanitiser, clear protective eyewear. Clean / Disinfect frequently touched surfaces on ATV and IRB.
- Confirm the Grey Lifesaving bin is in the back of the ATV. Check and sanitise First Aid kit and OXY kit in the Grey bin.
- Confirm patrol area rubbish bin has new disposable liner
- Patrol Captain Reminders to members:
 - Use of PPE.
 - Hand washing and Sanitization.
 - First Aid and CPR changes due to COVID.
 - Use of QR Codes to track interactions with patrol members and other club members and Public.
 - Use of First Aid Bum Bags when away from patrol area.

How to safely clean

- Read the product label and Safety Data Sheet for the cleaning product(s) before using and make sure you follow all instructions, including all required personal protective equipment (PPE). Also make sure the product is suitable for use on the surface you are cleaning.
- Instruct workers to wear gloves when cleaning and ensure they know to wash their hands thoroughly with soap and water, or to use alcohol-based hand sanitiser if they cannot wash their hands, both before and after wearing gloves.
- If possible, use disposable gloves when cleaning and discard after each use. Otherwise, only use reusable gloves for routine cleaning and do not share gloves between workers.

After cleaning

- Dispose of any disposable cloths in a rubbish bag or launder reusable cloths in the usual way.

Cleaning if someone in my patrol area / workplace is suspected or confirmed to have COVID-

19

Preparing to clean

- Prevent access to the areas that were used by the suspected or confirmed case as well as any common areas (break rooms, bathrooms) and any known or likely touch points.
- Open outside doors and windows if possible, to increase air circulation.

What do I need?

- A detergent, as a solution that can be mixed with water, and
- A disinfectant containing alcohol in a concentration of 70%, chlorine bleach in a concentration of 1000 parts per million (see the [Department of Health website](#) for more



information on achieving the correct bleach solution)

- A combined detergent and disinfectant solution.
- Appropriate PPE for cleaning staff, including disposable gloves and safety eyewear.
- Provide a disposable apron where there is visible contamination with respiratory secretions or other bodily fluids.
- A surgical mask if the person suspected to have COVID-19 is in the room.

What should I clean?

- Thoroughly clean and then disinfect:
 - all areas of suspected or confirmed contamination
 - any common areas (e.g. break rooms, washrooms), and
 - any known or likely touch points in the workplace.

How to safely clean

- Read the product label and Safety Data Sheet for the cleaning product(s) before using and make sure you follow all instructions, including all required PPE. [Also make sure the product is suitable for use on the surface you are cleaning.](#)
- Ensure staff are trained in putting PPE on and taking PPE off, including washing or sanitising hands between steps.
- Use disposable gloves where possible, and discard after each use. Wash or sanitise hands before and after wearing gloves.

After cleaning

- Dispose of any single-use PPE, disposable cloths and covers in a rubbish bag and place it inside another rubbish bag and dispose of in general waste.
- Launder any reusable cleaning equipment including mop heads and disposable cloths and completely dry before re-use.
- Empty and re-clean equipment such as buckets with a fresh solution of disinfectant and completely dry before re-use.



Patrol Start / Handover

- Confirm member Sign on & QR Code check in.
- Brief members on Patrol setup, COVID procedures and any changes.
- After Patrol setup / at handover.

Check and sanitize: First Aid kit, OXY kit
Sanitize Radios & Radio bags.

Patrol RED bin, check and appropriately sanitize bin & contents.
Incident Log, SOP's, Loud Hailer, Binoculars, First Aid Bum Bags, etc.

Confirm adequate supplies of Hand Towels, Wet Wipes, Disinfectant, Face Masks &
Sanitizer.

Confirm patrol area rubbish bin has new disposable liner

Check First Aid Bum Bags contents: masks, gloves, sanitizer, clear protective
eyewear.

Clean / Disinfect frequently touched surfaces on ATV and IRB.

Confirm the Grey Lifesaving bin is in the back of the ATV.
Check and sanitize First Aid kit and OXY kit in the Grey bin.

Remind members about:

Use of PPE.

Hand washing and Sanitization.

First Aid and CPR changes due to COVID.

Use of QR Codes to track interactions with patrol members and other club members
and Public.

Use of First Aid Bum Bags when away from patrol area.

PATROL NUMBER:

PATROL CAPTAIN / VICE CAPTAIN: _____

SIGNATURE



End Patrol Check List

- Clean the patrol trolley and remove personal items.
- Hose down / clean / disinfect rescue equipment and check for damage.
- Remove the red storage bin from the trolley and store in the patrol room. (Sunday afternoon)

IRB

- Ensure that the IRB has been hosed down.
- Motor run and cleaned.
- Radio removed, switched off, sanitized and on charge.
- Fuel cell removed and disinfected.
- Empty Water Bin used for Motor testing, disinfect and store in shed.
- Bungs removed, and IRB stored with bow raised.
- Partially deflate bow and side pontoons. (Sunday afternoon)
- Disinfect frequently touched surfaces.
- Hose down / clean ATV.
- Park ATV in IRB shed and plug into charger. Note two solid LEDs on charger.
Disinfect frequently touched surfaces.
- Confirm location of IRB shed key and ATV key before locking IRB shed.

Clean / Disinfect and Store in the Patrol room.

- Oxygen and First Aid kits.
- Red storage bin from the patrol trolley.
- The patrol sign-on log in the Patrol Drop box and put folder back on the bench for easy collection by office staff
- Incident Logbook to be put back on the bench for easy collection by office staff.
- Turn off radios and put on charge.
- IRB shed key in patrol cabinet.
- ATV key in patrol cabinet.
- Lock Patrol cabinet.**
- Lock Patrol room.**

PATROL NUMBER:

PATROL CAPTAIN / VICE CAPTAIN: _____

SIGNATURE

NORTH CRONULLA SLSC SERVICE NSW QR CODE APP



Link to use for Members with out QR reader

[Service NSW | COVID Safe Check-in Concierge Webform](#)



Founded 1925

Attendance Register – NORTH CRONULLA SLSC

North Cronulla SLSC Register of attendees

Activity: _____ Location: _____ Date: _____

Arrival time	Departure time	Full name	Phone	Club Member	Member of the Public	In the previous 14 days, have you: <ul style="list-style-type: none">• Had any COVID-19 symptoms?• Been in contact with any confirmed/suspected COVID-19 case?• Travelled internationally? Downloaded and using COVIDSafe app?

Note: Attendance information is collected in accordance with the North Cronulla SLSC Privacy Policy & NSW Health Orders.



Founded 1925

Cleaning schedule before/between/after – Nippers Days for Pool Area

CLUB: North Cronulla SLSC

LOCATION: POOL

AGE GROUP:

DATE:

POOL AREA	Time	Covid Officer	Signed
Sanitise and wipe down Pool Surfaces/ Rails			
Sanitise Equipment Used ie. Boards/Tubes etc			
Nipper Toilets Sanitise and wipe down toilets sanitise & wipe down communal touch points – door handles, light switches, bin lids, Spray and wipe surfaces and benches			
Check no personal belongings left in Nipper Toilets			
Check no Personal belongings left in Pool Area			
Top up hand sanitiser, soap, paper towel, toilet paper, spray sanitiser bottles			
Ensure that Squad Leaders document time of entry on Nipper Rolls			
Checked and signed by Nipper Covid Coordinator and filed in office with full list of Nippers and Squad Leaders and Age Assistants/Covid Marshalls who attended Pool Area at the completion of nippers			



Founded 1925

Cleaning schedule before/between/after Pool Area

CLUB: North Cronulla SLSC

LOCATION: POOL

Section:

DATE:

POOL AREA	Time	Covid Officer	Signed
Sanitise and wipe down Pool Surfaces/ Rails			
Sanitise Equipment Used ie. Boards/Tubes etc			
Nipper Toilets Sanitise and wipe down toilets sanitise & wipe down communal touch points – door handles, light switches, bin lids, Spray and wipe surfaces and benches			
Check no personal belongings left in Nipper Toilets			
Check no Personal belongings left in Pool Area			
Top up hand sanitiser, soap, paper towel, toilet paper, spray sanitiser bottles			
Ensure that Squad Leaders document time of entry on Nipper Rolls			
Checked and signed by Section Covid Coordinator and filed in Dropbox in Gearshed with full list of Participates who attended Pool Area at the completion of Training			

SECTION COVID COORDINATOR: _____ SIGNATURE: _____

**> BE COVID SAFE.
HELP NSW STAY IN BUSINESS.**

Your COVID-19 Safety Plan

Outdoor events

Business details

Business name	North Cronulla Nippers - North Cronulla Surf Lifesaving Club.
Business location (town, suburb or postcode)	62 Prince Street, Cronulla NSW 2230
Select your business type	
Controlled outdoor events	
Completed by	Colin Bulloch
Email address	cbulloch@ncslsc.com.au
Effective date	18 October 2021
Date completed	22 October 2021

Wellbeing of staff and customers

Exclude staff, performers and attendees who are unwell from the event.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers will rely on the wider Club's COVID 19 Policy regarding this matter. We will continue to educate and remind our Nippers to be mindful, respectful, and transparent to any matters that affect our members during the execution of Nippers, especially to be alive to any symptoms they may have, or them declaring they are a close contact or are required to self-isolate for other reasons.

NCSLSC Nippers will continue to verbalize this message through our social media and SLSA Surfguard mechanisms and continue to remind our volunteers who assist to execute Nippers at NCSLSC.

Provide staff with information and training on COVID-19, including COVID-19 vaccination, when to get tested, physical distancing, wearing masks, and cleaning.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers will rely on the wider Club's COVID 19 Policy regarding this matter. NCSLSC Executive will engage and use our Club's Education resources and have them provide the Club's policies in respect of this matter relayed to Nippers, whereupon we will disseminate the material in an accurate and timely manner to our members through our suite of engagement resources.

Display conditions of entry including requirements to stay away if unwell, COVID-19 vaccination and record keeping.

Agree

Yes

Tell us how you will do this

NCSLSC has created signs and paraphernalia that have been erected about the club and the use of our social media mechanisms to educate and reinforce the message to stay away if unwell, understand our record keeping requirements (in line with the existing Public Health Orders and legislation at the time) and rely on NCSLSC resources to properly secure and provide access to the records as required under State and Federal legislation.

Take reasonable steps to ensure all people aged 16 and over on the premises are fully vaccinated or have a medical exemption (including staff, attendees and contractors). For example, ensure posters outlining vaccination requirements are

clearly visible, check vaccination status upon entry and only accept valid forms of evidence of vaccination, train staff on ways to check proof of COVID-19 vaccination status, remind customers of vaccination requirements in marketing materials. Guidance for businesses is available at: <https://www.nsw.gov.au/covid-19/businesses-and-employment/covid-safe-business/vaccination-compliance-for-businesses>

Note: Staff outside of Greater Sydney who have received one dose of a COVID-19 vaccine are permitted to enter such premises for work until 1 November 2021 when they need to be fully vaccinated, or have a medical contraindication, in order to enter the premises.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers will adopt the NCSLSC COVID Action Plan to ensure we require our members to provide the appropriate vaccination certificates, collect and forward these records to NCSLSC to retain for future use. Our mandate exists to control parents and persons 16 years or over from entering our club unless fully vaccinated (NCSLSC mandated requirement at this time), and we will provide appropriate guidance and resources to our members to ensure we execute the appropriate measures to protect the integrity of our COVID-19 Action Plan, and that of the wider club.

Physical distancing

Capacity for a controlled outdoor event must not exceed the lesser of 1 person per 2 square metres of space of the premises in which the activity is conducted, or 3,000 persons.

Capacity at a COVID-19 safe outdoor gathering must not exceed the lesser of 1 person per 2 square metres of space of the premises in which the activity is conducted, or 200 persons.

Agree

Yes

Tell us how you will do this

The execution of Nippers is largely a sand and water-based activity undertaken in an open public area. Nippers have appropriate bunting and physical signage resources to create a Nipper 'bubble' which protects those inside and outside this bubble from coming into contact during Nippers.

These measures are disseminated to the NCSLSC and Sutherland Council as a transparent process to ensure we comply with both entities' expectations on the beach, water and within our Club.

Matters relating to risks within the Club are managed by Nippers executing the wider club's COVID Action Plan. NCSLSC Nippers endorse and will abide by the wider club's policies in respect of this subject.

Ensure 1.5m physical distancing where possible, including:

- **at points of mixing or queuing**
- **between seated groups**
- **between staff.**

Agree

Yes

Tell us how you will do this

To provide the most effective manner to care for the wellbeing of staff and customers and limit mixing and queueing, NCSLSC Nippers has changed our operational methodology to commit our safest execution of Nippers. These are listed below.

NCSLSC Nippers has moved the 6- and 7-year categories to Friday afternoon until 1 December 2021 to limit mingling in those younger categories that usually require two parents and more likely to also include younger children and prams with parents than those in the older age categories. This will ensure the 1000-person limit is maintained in Nippers over the execution of our operations.

Nippers will advertise operational plans before and during the season via SLSA Surfguard (NSW Government tool), our messaging and our social media platforms. We intend working collectively with Sutherland Shire Council and envelope the wider club's COVID Action Plan to ensure we comply with NSW Health advice to ensure we meet the strongest of standards and continue to constantly change and adapt with the nature of

COVID-19 as 'business as usual'.

Nippers intends to repeat consistent messaging in a succinct and effective format to ensure parents and kids arrive and depart from the same place at the same time – as often as practicable and are adequately educated on their obligations at Nippers. This will become standard practice; adopting this repeated philosophy will naturally create distinct actions that will lessen threats of mingling.

Nippers will provide direction to assist Nipper parents to minimize congregation prior to and following Nippers.

Avoid congestion of people in specific areas where possible.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers will create flows for parents and Nippers at various points in the vicinity of the club. We will provide information to parents on start / completion areas and the need to remain vigilant in planning their time at Nippers.

NCSLSC Nippers will work with Sutherland Shire Council to create foot traffic flows for Nipper Parents and create thoroughfares to enter and exit the beach in a safe distancing fashion, noting we will be interacting with the public. This is consistent with our COVID Plan last season.

NCSLSC Nippers will work and collaborate with our club to ensure we are educated and abide by the 1 person per 2 square metre rule; we will be taking advice on capacities and limitations (inside and outside the Club) that are represented inside the NCSLSC COVID Action Plan and will endorse and execute those limitations during Nipper Operations.

Have strategies in place to manage gatherings that may occur immediately outside the premises and in any designated smoking areas.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers endorses and will execute their policies in respect of this matter.

Singing by audiences is not allowed in indoor areas.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers will comply with the measures in respect of this and will not allow singing and dancing. We will also comply with the alcohol measures and will endorse and commit to the policies of the NCSLSC. In short, we will employ volunteer COVID Marshals to oversee these policies ensure these actions are not permitted.

Where practical:

- **encourage private transport options to minimise crowding on public transport**
- **coordinate with public transport to minimise COVID-19 risks associated with transportation to and from the venue if crowding may occur.**

Agree

Yes

Tell us how you will do this

NCSLSC Nippers is an activity that requires close supervision from parents. We will advise and continually remind our members to independently organise, arrive and depart independently and safely by their own means. Our sport typically requires an independent vehicle to bring all required equipment and resources not typically possible to carry on public transport.

Ventilation

Review the 'COVID-19 guidance on ventilation' available at <https://www.nsw.gov.au/covid-19/getting-back-to-work-a-covid-safe-way/ventilation-guidance> and consider which measures are relevant to your premises before completing this COVID-19 Safety Plan.

Agree

Yes

Tell us how you will do this

We have reviewed the ventilation matters - we rely on the Club's wider policy in respect of this and will be guided by that document.

Use outdoor settings wherever possible.

Agree

Yes

Tell us how you will do this

NCSLSC operates outdoors. In times where weather will promote mingling and people moving swiftly into club, The Nippers Executive will abandon Nippers to ensure this will not eventuate.

In indoor areas, increase natural ventilation by opening windows and doors where possible.

Agree

Yes

Tell us how you will do this

The NCSLSC Nippers operation occurs outdoors. Should we require the indoor facilities at NCSLSC we will rely on and operate within the scope of their COVID Action Plan to ensure safe and pragmatic measures inside our Club.

In indoor areas, increase mechanical ventilation where possible by optimising air conditioning or other system settings (such as by maximising the intake of outside air and reducing or avoiding recirculation of air).

Agree

Yes

Tell us how you will do this

The NCSLSC Nippers operation occurs outdoors. Should we require the indoor facilities at NCSLSC we will rely on and operate within the scope of their COVID Action Plan to ensure safe and pragmatic measures inside our Club.

Ensure mechanical ventilation systems are regularly maintained to optimise performance (for example through regular filter cleaning or filter changes).

Agree

Yes

Tell us how you will do this

The NCSLSC Nippers operation occurs outdoors. Should we require the indoor facilities at NCSLSC we will rely on and operate within the scope of their COVID Action Plan to ensure safe and pragmatic measures inside our Club.

Consider consulting relevant experts such as building owners or facility managers, ventilation engineers and industrial or occupational hygienists to optimise indoor ventilation.

Agree

Yes

Tell us how you will do this

The NCSLSC Nippers operation occurs outdoors. Should we require the indoor facilities at NCSLSC we will rely on and operate within the scope of their COVID Action Plan to ensure safe and pragmatic measures inside our Club.

Hygiene and cleaning

Face masks must be worn by staff and customers in indoor areas, unless exempt.

Agree

Yes

Tell us how you will do this

NCSLSC Nipper members will be advised, reminded, and provided access to face masks during the operation of Nippers. Our members will be supervised by COVID Marshals who will provide confident and reassured advice to comply with the wearing of masks. In the event a member fails to comply with the measures, our marshals will be advised to elevate the matter to the appropriate entity at the time (Lifeguards, Council, or law enforcement) to manage the matter effectively and with minimal disruption.

Adopt good hand hygiene practices. Have hand sanitiser at key points around the venue.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers will be equipped and prepared to disseminate these resources to our beach activities during our setup process. NCSLSC committed these practices and measures during our 2020 season, and we have created processes to ensure those sanitization resources are available during Nipper's operations. We also leverage to educate our members through our communication mechanisms to remind and reinforce good hand hygiene practices.

Ensure bathrooms are well stocked with hand soap and paper towels or hand dryers.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers is provided all the necessary hand soap, paper towels and hand dryers through NCSLSC COVID Marshals employed in a voluntary capacity will be required to regularly review and maintain stocks of these throughout our Club during Nipper activities.

Clean frequently used indoor hard surface areas (including children's play areas) at least daily with detergent/disinfectant. Clean frequently touched areas and surfaces several times per day.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers have been provided with spray guns and detergent/disinfectant which will be applied to all surface and touch areas used inside our Club during the execution of Nippers. NCSLSC has compiled an operational plan to ensure these surfaces are cleaned after each group of Nippers moves to and from our Club (which is defined as remaining inside our 'Nipper Bubble'). These measures seek to protect our members and promote safe practices.

Record keeping

Use the NSW Government QR code system to collect an electronic record of the name, contact number and entry time for all staff, attendees and contractors.

Agree

Yes

Tell us how you will do this

NCSLSC has adopted this policy and is already implementing these measures (which we also executed last season). NCSLSC Nippers will use our volunteer COVID Marshals and wider resources to ensure all members are recorded entering and exiting our Sunday Nipper Program with all appropriate details captured and retained for governmental

purposes. Our members complied and assisted us in adopting these measures last season.

Processes must be in place to ensure that people provide the required contact information, such as by checking phones for the green tick to confirm they have checked in (keeping 1.5m physical distance between staff and patrons). QR codes should be clearly visible and accessible including at entrances to the event.

Agree

Yes

Tell us how you will do this

NCLSLSC has erected all required QR Code resources within and to the exterior of our club. Members have become accustomed to naturally using their mobile devices when entering and exiting the club.

NCSLSC Nippers has adopted mobile processes and procedures to take records from parents of Nippers in the public arena (we do not want our members entering the club and congregating). NCSLSC Nippers has advised (through our communications networks) the need for our members to provide their personal device for the purpose of attaining they have the relevant vaccination certificates (green tick). Our Squad Leaders and COVID Marshals have been trained to conduct this process in a passive and calm manner. Measures to manage the escalation of compliance issues are implemented; the appropriate authorities will be contacted in a calm and timely manner where appropriate.

If a person is unable to provide contact details, for example due to age or language barriers, another person may provide contact details on their behalf. If it is not possible for check-in to occur, keep a record of the name, contact number and entry time for all staff, attendees and contractors for a period of at least 28 days. These records must be provided in an electronic format such as a spreadsheet as soon as possible, but within 4 hours, upon request from an authorised officer.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers commit to this requirement and rely on the NCSLSC COVID Plan to implement this important requirement.

Other types of venues or facilities at the event must complete COVID-19 Safety Plans where applicable. If contact details are captured electronically upon entry to the event on the relevant day, additional collection of contact details via electronic methods may not be required if there is no other public access to the sub-premises. However, additional contact details and time of entry must be captured if the event has sub-premises that are gyms, entertainment facilities, hospitality venues, nightclubs and retail premises.

Agree

Yes

Tell us how you will do this

NCSLSC Nippers commit to this requirement and rely on the NCSLSC COVID Plan to implement this important requirement.

NCSLSC Nippers is already implementing this strategy (and did last season) to ensure the proper recording of members throughout our club.

I agree to keep a copy of this COVID-19 Safety Plan at the business premises

Yes