

## SEASON INFORMATION - 2021/22

### SEASON START DATE

#### **U8-U13s – 8:30am, Sunday 31<sup>st</sup> October**

**8:30am** - meet on the grass area in front of North Cronulla Surf Club to sign on with your Squad Leader and hear weekly announcements.

**10:30am** – conclusion and sign off with your Squad Leader on the grass area

#### **U6-U7s – 4:30pm, Friday 12th - 26th November**

**4:30pm** - meet on the grass area in front of North Cronulla Surf Club to sign on with your Squad Leader and hear weekly announcements.

**5:30pm** - conclusion and sign off with your Squad Leader on the grass area

**NOTE - From 5<sup>th</sup> December onwards, U6/U7s will move to a 7:45am start on Sunday mornings (finishing at approximately 9:00am)**

#### **U14s - Sunday 31<sup>st</sup> October**

- SRC group: 7:00am

- Nippers: 7:45am meet on the grass area in front of North Cronulla Surf Club to sign on with your Squad Leader and hear weekly announcements. Conclude around 9:00am

*Refer to the "Nippers Calendar" on TEAMApp for more information.*

*All Nippers are required to wear their age group nipper caps and pink rash singlet.*

### REGISTRATION

ALL registrations (new and returning) are to be completed online. If you are experiencing difficulties with this process, please contact the office on [admin@ncslsc.com.au](mailto:admin@ncslsc.com.au) or pop down to our Face-to-Face registration/season information session on Saturday 30<sup>th</sup> October 2021 between 9:30am-11:30am.

It is North Cronulla Surf Lifesaving Club policy that ALL Nipper members (members under the age of 14 years) MUST have at least one parent/guardian registered as a General, Associate or Active Member of North Cronulla SLSC.

### NIPPER MEMBERSHIP FEES

#### **Individual Breakdown of Nipper Fees for 2021/2022**

First Child	\$100.00
Second Child	\$100.00
Third Child	\$100.00
Fourth Child +	Free
Nipper Parent General Membership*	\$ 50.00
Parent Associate Membership**	\$105.00
Electronic Fob Key ***	\$ 25.00

**\* Nipper General Parent Membership for Standard Nipper Attendance ONLY**

**\*\* Associate Membership 50% discount off the \$210.00 fee offered to Parents of Junior (Nipper) members. Covers Parents at all events (if wanting access to the Club Fitness Centre Normal Associate membership fee of \$210 plus fitness centre fees will apply)**

**\*\*\* Electronic Fob Key - Only available to Active (15 and over or Associate Members). Price is to purchase key outright. If you lose your key you will need to purchase a new one. No refunds given. This is not a yearly fee.**

**North Cronulla accepts the NSW Active Kids Voucher**

## COVID VACCINATION STATUS (Subject to change in line with NSW Health regulations)

All Squad leaders, Water Safety, Officials and other volunteer roles must be fully (double) vaccinated in order to participate in Nippers.

Parents/guardians are welcome to spectate from outside the defined muster area and the designated activity areas on the beach for Nippers. Unfortunately, this extends to the pool area during Nipper sessions. Please stay close by and have your phone handy in case we need to contact you.

To access club facilities (including the pool area) outside of Nippers sessions:

- Everyone 16 years+ must be fully (double) vaccinated
- Children under 16 years who are not fully (double) vaccinated must be accompanied by a fully (double) vaccinated Parent/Guardian

## TIMED POOL PROFICIENCY SWIMS

U6-U7's do not need to complete a proficiency swim, however we do encourage your child to attend swimming lessons. U8 proficiency is a 25m Swim, which will be completed within the first few weeks of normal Nippers. To be eligible to participate in water events throughout the season, U9 – U13 children will need to successfully complete a timed pool swim.

## POOL PROFICIENCY DISTANCE AND TIME REQUIREMENTS

AGE	DISTANCE	TIME
U9 & U10's	200m	6 minutes
U11 thru U13's	200m	5 minutes

## OCEAN PROFICIENCY - RUN/SWIM/RUN

Run/Swim/Run is held in the ocean once a Nipper has passed the requirements for their Pool Swim proficiency.

## TRAINING

Nippers MUST be financial (and proficient) to participate in the Nipper program and Nipper training.

## WATER (proficient Nippers only):

Tuesday – 6:00am at North Cronulla (all water disciplines)  
Tuesday – 6:15am at South Cronulla for beginner surf skills group  
Thursday – 4:30pm at Gunnamatta Bay (board only)  
Friday – 6:00am at North Cronulla (surf swim training)

## BEACH:

Wednesday – 4:30pm at Sylvania Athletics Track (sprint training)  
Friday – 4:30pm meet at Wanda Helipad (beach/sandhills)

## SOCIAL MEDIA

Follow us on Social Media to keep up to date!  
TeamApp: North Cronulla Nippers (essential for all families)  
Facebook: North Cronulla Nippers  
Training Groups: #NC HOTSHOTZ (Water) and NC Stingers (Beach)

## HOW TO GET INVOLVED

**Water Safety:** is an important way to get involved. Not only do they give our children confidence whilst training and/or competing but in the process, they ensure their safety and wellbeing. If you are interested in volunteering for water safety, please email [ncnippersecretary@outlook.com](mailto:ncnippersecretary@outlook.com) and we will provide further information including how to obtain the required SLS Bronze Medallion or SRC.

**Carnival Officiating:** Officiating is a great opportunity to be up close to all the action at carnivals. If you would like to become an official, please contact our Officials Coordinator Wil Walles [wilgricw@gmail.com](mailto:wilgricw@gmail.com) for further information.

### **Age Manager/Parent Helper:**

Financial parent members can complete the Age Managers course on the SLS Portal as follows:

1. Log onto your member area
2. Go to 'elearning'
3. Click on 'Training Library'
4. Go to 'SLS Age Managers'
5. Click on 'SLS Age Managers'
6. Click on 'Enrol' on the 'SLS – Age Managers' course
7. Once complete please advise Alison on [ncnippersecretary@oulook.com](mailto:ncnippersecretary@oulook.com) so you can complete a practical assessment, be signed off as competent and commence assisting your child's squad.

*Parents must be qualified in one of the above categories in order to participate during Nippers, except for U6-U7s where involvement is strongly encouraged.*

We look forward to a fun 2021/2022 Season on the beach!

The North Cronulla Nipper Executive