

water and  
beach pre season  
training

ZORHI



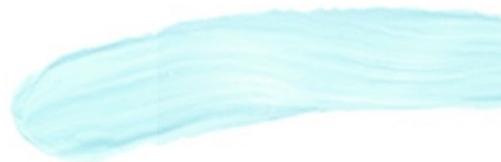
URROZJJK

**Beach Training**

WED @ 415pm with ray at nth  
cronulla

FRI @430pm with dave see locatior  
on team app

SAT @1030am with ray at wanda  
helipad



**Water Training**

SAT @ 815am at nth cronulla